



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Swimming Lessons

Introduce your child to the joy of swimming or help them improve their technique in this fun and educational class.



Summer 1 - June 3rd - July 13th, (5 Weeks)

Break week of July 1st—July 6th

Summer 2 - July 15th - August 17th (5 Weeks)

Registration starts:

Summer 1&2 YMCA Member May 13th / Community Member May 20th

PARENT/CHILD - 30 MIN (6 MO—3 YRS)	MONDAY	TUESDAY	THURSDAY	SATURDAY
STAGE A WATER DISCOVERY		6:00pm		10:00am
STAGE B WATER EXPLORATION				10:00am
PRESCHOOL - 30 MIN (3 YRS-KINDERGARTEN)				
STAGE 1 WATER ACCLIMATION	6:00pm	10:00am	10:00am / 6:00pm	10:35am
STAGE 2 WATER MOVEMENT	6:00pm	10:35am / 6:00pm	6:00pm/10:35am	
STAGE 3 WATER STAMINA		6:35pm		
STAGE 4 STROKE INTRODUCTION	6:35pm			
SCHOOL AGE - 30 MIN (1ST GRADE-12 YEARS)				
STAGE 1 WATER ACCLIMATION		6:35pm	6:35pm	
STAGE 2 WATER MOVEMENT	7:10pm		6:35pm	
STAGE 3 WATER STAMINA		7:10pm	7:10pm	
STAGE 4 STROKE INTRODUCTION	7:10pm		7:10pm	
STAGE 5 STROKE DEVELOPMENT		7:10pm		
STAGE 6 STROKE MECHANICS		7:10pm		
TEEN / ADULT - 30 MIN (13+ YRS)				
TEEN/ADULT	6:35pm			11:10am

Louisville Area YMCA
1421 South Nickelplate
Louisville OH 44641
www.ymcastark.org 330.875.1611

SWIM LESSON FEE FOR ALL LEVELS
Members \$48 Community Members \$74
Financial assistance available