



Sirpilla Gym Court Schedule April 15th-April 22nd

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	NORTH	SOUTH	NORTH	SOUTH	SOUTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH	NORTH	SOUTH				
5:00am	Power Hour 5:30-6:30am		OPEN	Adult Open Basketball 5:30-7:00am	Power Hour 5:30-6:30am		OPEN	Adult Open Basketball 5:30-7:00am	Power Hour 5:30-6:30am		Adult Open Basketball 7:15am - 9:00am OPEN OPEN OPEN OPEN							
6:00am																		
7:00am	OPEN			OPEN	OPEN			OPEN	OPEN	OPEN								
8:00am																		
9:00am	Forever Fit 10:00-10:45am		Forever Fit 9:30-10:20am		Forever Fit 10:00-10:45	30/30 (Cardio Cross) 9:30-10:30am		Adult Open Basketball 7:15am - 9:00am OPEN OPEN OPEN OPEN										
10:00am																		
11:00am	*Pickleball 11:30am-2:00pm		Art, Gym, Swim 11-11:30am		*Pickleball 11:00am-2:00pm		*Pickleball 11:00am-2:00pm								*Pickleball 11:00am-2:00pm			
12:00pm			*Pickleball 11:30am-2:00pm															
1:00pm																		
2:00pm																		
3:00pm	OPEN 2:00pm-6:00pm	Full Court Open Basketball 2-10pm	OPEN 2:00pm-6:00pm	Full Court Open Basketball 2-10pm	OPEN 2:00pm-6:00pm	Full Court Open Basketball 2-10pm	OPEN 2:00pm-6:00pm					Full Court Open Basketball 2-7pm	OPEN 2:00pm-6:00pm	Full Court Open Basketball 2-9pm	<i>* If interested in weekend Pickleball hours, please call in to see court availability.</i> <i>** Schedule is subject to change based on YMCA events</i> <i>** 10 minutes prior to class time, the gym will close for set-up</i>			
4:00pm																		
5:00pm																		
6:00pm																		
7:00pm	Family Open Gym 6:00pm-10:00pm	Family Open Gym 6:00pm-10:00pm	Family Open Gym 6:00pm-10:00pm	Family Open Gym 6:00pm-10:00pm	Family Open Gym 6:00pm-10:00pm	Family Open Gym 6:00pm-10:00pm	Family Open Gym 6:00pm-10:00pm	Full Court Open Basketball 7:00 - 10:00	Family Open Gym 6:00pm-9:00pm									
8:00pm																		
9:00pm																		
10:00pm																		

Rabbitt Gym Court Schedule April 15th-April 22nd

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00am	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	
6:00am								
7:00am								
8:00am								
9:00am	Strength 45 9:30-10:15am	Cardio Cross Training 9:30-10:15am	Total Body Toning 8:30-9:15am	Fairy Tale Dance 10:30-12:15pm	Step Strength 8:30-9:15am	Saturday Sweat 9:00-9:45am	OPEN	
10:00am								
11:00am	SS Yoga 10:45-12:00	Body Pump 10:30-11:30	OPEN	OPEN	Tai Chi 10:45-11:30am	Small Stuff 11:00-12:00pm	Small Stuff 11:00-12:00pm	
12:00pm	OPEN	OPEN			OPEN	OPEN	1st-4th Grade Basketball 12:00-3:00	OPEN
1:00pm								
2:00pm								
3:00pm								
4:00pm	BodyPump 5:15-6:15pm	Cavs Practice 5:00-6:00	Total Body Toning 5:30-6:15pm	Small Stuff 5:30-6:30	1st/2nd Bball 5:00-6:00	OPEN	OPEN	
5:00pm								
6:00pm	Lakers Practice 6:30-7:30	Group Exercise 6:00-6:45pm	Warriors Practice 6:30-7:30	Heat Practice 7:00-8:00	Open Volleyball 6:00pm-8:00pm	OPEN	OPEN	
7:00pm								
8:00pm	5th 6th Vball 7:45-8:45	Vball Skills 7:45-8:45	1st/2nd Girls Bball 7:45-8:45	OPEN	OPEN	OPEN	OPEN	
9:00pm								
10:00pm	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	

**If interested in weekend Pickleball hours, please call in to see court availability.*

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*** 10 minutes prior to class time, the gym will close for set-up*