



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Swimming Lessons

An introduction to the joy of swimming or help improving stroke techniques in this fun and educational class.



WINTER 1 SESSION (7 weeks):

January 4 – February 20

Registration Dates:

Members: December 7

Non-Members: December 10

PARENT/CHILD - 30 MIN (6 MO - 3 YRS)	MONDAY	TUESDAY	WEDNESDAY	SATURDAY
STAGE A WATER DISCOVERY	5:55pm	9:00am		9:00am
PRESCHOOL - 30 MIN (3YRS-KINDERGARTEN)				
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	5:15pm	9:00am	5:15pm	9:40am/11:00am
STAGE 3 WATER STAMINA		9:40am	5:15pm	
STAGE 4 STROKE INTRODUCTION	5:15pm			9:40am
SCHOOL AGE - 30 MIN (1ST GRADE—12 YRS)				
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	5:55pm	9:40am	5:55pm	10:20am
STAGE 3 WATER STAMINA	6:35pm		5:55pm	
STAGE 4 STROKE INTRODUCTION	6:35pm			10:20am
STAGE 5 & 6 STROKE DEVELOPMENT/MECHANICS			6:35pm	11:00am
TEEN/ADULT - 30 MIN (13+ YEARS)				
TEEN/ADULT			6:35pm	9:00am

Member Pricing: \$49

Non-Member Pricing: \$77

Financial Assistance available

Schalmo Family YMCA
 976 S Canal St
 Canal Fulton, OH 44614
 www.ymcastark.org 330 970 0123