



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Swimming Lessons

Introduce your child to the joy of swimming or help them improve their technique in this fun and educational class.



Winter 2 - February 12 2024 - April 6th, 2024 (7 Weeks)

Spring - April 8th - May 25th 2024 (7 Weeks)

Registration starts:

Winter 2 YMCA Member Jan 22nd / Community Member Jan 29th

Spring YMCA Member March 18th / Community Member March 25th

PARENT/CHILD - 30 MIN (6 MO—3 YRS)	MONDAY	TUESDAY	THURSDAY	SATURDAY
STAGE A WATER DISCOVERY		6:00pm		10:00am
STAGE B WATER EXPLORATION				10:00am
PRESCHOOL - 30 MIN (3 YRS-KINDERGARTEN)				
STAGE 1 WATER ACCLIMATION	6:00pm	10:00am	10:00am / 6:00pm	10:35am
STAGE 2 WATER MOVEMENT	6:00pm	10:35am / 6:00pm	6:00pm	11:10am
STAGE 3 WATER STAMINA	6:35pm	6:35pm		
STAGE 4 STROKE INTRODUCTION	6:35pm			
SCHOOL AGE - 30 MIN (1ST GRADE-12 YEARS)				
STAGE 1 WATER ACCLIMATION		6:35pm	6:35pm	
STAGE 2 WATER MOVEMENT	7:10pm		6:35pm	
STAGE 3 WATER STAMINA		7:10pm	7:10pm	
STAGE 4 STROKE INTRODUCTION	7:10pm		7:10pm	
STAGE 5 STROKE DEVELOPMENT		7:10pm		
STAGE 6 STROKE MECHANICS		7:10pm		
PRE SWIM TEAM - 45 MIN FOR STAGE 5 & 6 SWIMMERS				
FUTURE BLUE DOLPHINS	Wednesdays 5:40pm			

Louisville Area YMCA  
1421 South Nickelplate  
Louisville OH 44641  
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**SWIM LESSON FEE FOR ALL LEVELS**  
**Members \$67 Community Members \$103**  
**Financial assistance Available**