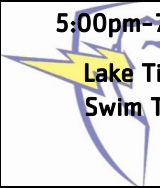






POOL SCHEDULE Lake Community YMCA

September 12th–
September 18th

330-877-8933 www.ymcastark.org

Monday	6:00am–8:00am Lap Swim	8:00am–9:45am Water Aerobics 2 Lap Lanes	10:30am–11:40am Swim Lessons 3Lap Lanes	11:40am–1:00pm Lap Swim	1:00pm–4:50pm Open Swim	5:00pm–7:15pm  Lake Titans Swim Team	7:20pm–8:00pm Open Swim
Tuesday	6:00am–8:00am Lap Swim	8:00am–8:45am Water Aerobics 2 Lap Lanes	9:00am–1:00pm Lap Swim	1:00pm–4:50pm Open Swim	5:00pm–6:40pm Swim Lessons 2 Lap Lanes	5:00pm–7:45pm  Lake Titans Swim Team Pool Closes at 8pm	
Wednesday	6:00am–8:00am Lap Swim	8:00am–9:45am Water Aerobics 2 Lap Lanes	Swim Lessons 10:00am–10:40am 4 Lap Lanes	10:40am–1:00pm Lap Swim	1:00pm–4:50pm Open Swim	5:00pm–7:15pm  Lake Titans Swim Team	7:20pm–8:00pm Open Swim
Thursday	6:00am–8:00am Lap Swim	8:00am–8:45am Water Aerobics 2 Lap Lanes	9:00am–1:00pm Lap Swim	1:00pm–4:50pm Open Swim	5:00pm–6:40pm Swim Lessons 2 Lap Lanes	6:50pm–8:00pm Open Swim	
Friday	6:00am–8:00am Lap Swim	8:00am–9:45am Water Aerobics 2 Lap Lanes	10:00am–1:00pm Lap Swim	1:00pm–4:50pm Open Swim	5:00pm–7:15pm  Lake Titans Swim Team	7:20pm–8:00pm Open Swim	
Saturday	8:00am–9:00am Lap Swim	9:00am–9:45am Water Aerobics 2 lap Lanes	10:00am–12:40pm Swim Lessons 2 Lap Lanes	12:50pm–4:00pm Open Swim			
Sunday	11:00am–2:00pm Open Swim						

During **Open Swim** there will be a **minimum of 2 lap lanes** open. **During Swim Lessons the pool will be closed unless ap lanes are noted as available. Sauna and whirlpool will be open.** **Family Swim Guidelines:** All Children **under the age of 6 must** be accompanied by an Adult within arms reach **in the water and on the deck at all times.** All Swim band policy and rules will apply. **SWIM BAND POLICY: Yellow Band**—Child must be at least 6 years of age **AND** 48 inches tall (lifeguard will measure child on pool deck). Child not permitted in Lap Lanes or Deep End. **Green Band**—Child must be at least 6 years of age **and** have passed the Deep Water test.