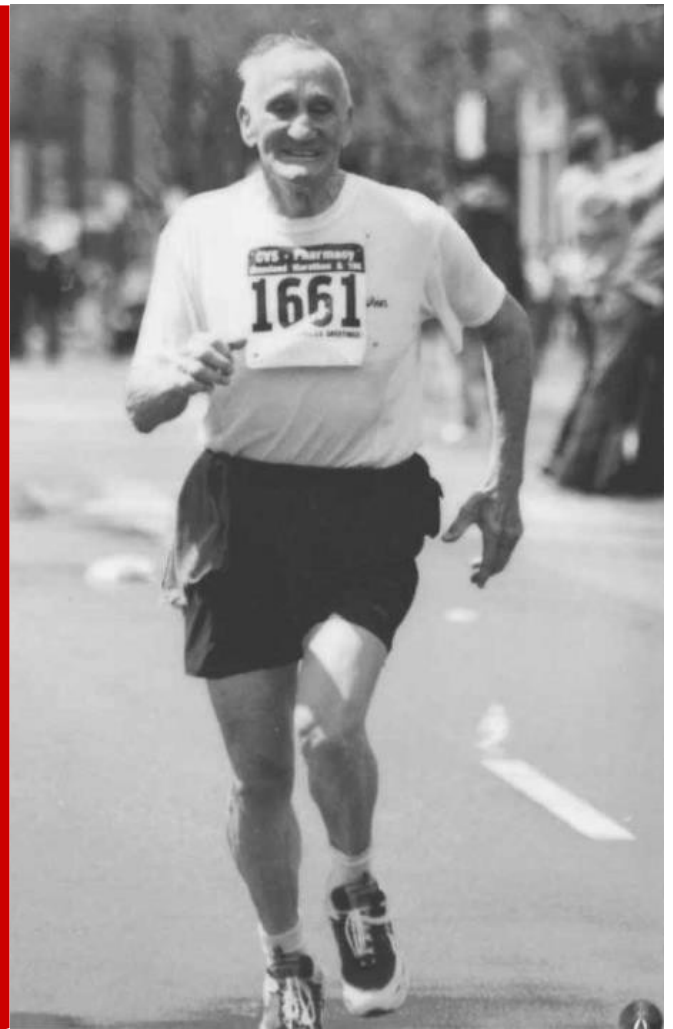


# RON RUSSELL PERSEVERANCE AWARD

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Ron lived his life believing perseverance could overcome all obstacles.

One participant in the 2022 North Canton July 4th Race, who embodies Ron's never-give-up spirit, will be presented an award at the race, be included on a plaque in the lobby at the YMCA.



## **Nominations**

Submit a nomination by completing an entry form at the North Canton YMCA or by sending an e-mail with the same information to [RonRussellAward@gmail.com](mailto:RonRussellAward@gmail.com).

## **Deadline**

Nominations must be received by Monday, June 20, 2022.

## **Eligibility**

- Must be a registered 2022 participant in either the 2-mile or 5-mile North Canton YMCA July 4th Races.
- Must be an inspiration to others or have demonstrated perseverance in overcoming obstacles to participate.

## **Judging**

Representatives of the previous award recipients will join Ron's family and YMCA officials to evaluate the nominations and select one winner.

***"Ron always had a smile and was so positive and encouraging."***

*Ron lived the American dream, demonstrating a never-give-up attitude that was infectious.*

*In WWII, he was first a refugee and then a soldier. In the years after the war, he brought his family to the U.S. to make a better life. He and his wife Cathy founded Russell's Garment Lettering in Canton. They made it possible for their 3 daughters and 7 grandchildren to earn college educations.*

*Running was just one more way Ron demonstrated remarkable perseverance. He began running in retirement and continued through arthritis, heart problems and the aches and pains of old age. He completed his first half marathon at age 71 and his first full marathon at 75. He celebrated each birthday with a 10-mile run and 10 pull-ups at the North Canton YMCA.*

*Ron said his goal was to "die healthy." He did that at 81 years old in 2008 -- after a 5-mile run.*

# The Ron Russell Perseverance Award

## 2022 Entry Form

### Person Nominated:

Name:

Nominee's phone:

Nominee's email:

Nominee's Address:

Has the person run the race in previous years?  multiple times  once  2021 is the first time!

Describe in detail how this person has demonstrated perseverance in his/her life:

Describe in detail how this person has been an inspiration to others:

### Person completing this form:

Name:

Relationship to nominee:

Phone:

Email:

Entries must be received by Monday, June 20, 2022 at the front desk of the North Canton Y or via email at [RonRussellAward@gmail.com](mailto:RonRussellAward@gmail.com).