



POOL SCHEDULE Lake Community YMCA

October 31st–
November 20th

330-877-8933 www.ymcastark.org

Monday	6:00am-8:00am Lap Swim	8:00am-9:45am Water Aerobics 2 Lap Lanes	10:30am-11:40am Swim Lessons 3 Lap Lanes		11:40am-2:40pm Lap Swim	2:45pm-4:45pm Lake High School Swim Team	5:00pm-7:15pm Lake Titans Swim Team	7:20pm-8:00pm Open Swim
Tuesday	6:00am-7:15am Lake High School Swim Team	7:20am-7:50am Lap Swim	8:00am-8:45am Water Aerobics 2 Lap Lanes	9:00am-1:00pm Lap Swim	1:00pm-4:50pm Open Swim	5:00pm-6:40pm Swim Lessons		5:00pm-7:45pm Lake Titans Swim Team Pool Closes at 8pm
Wednesday	6:00am-8:00am Lap Swim	8:00am-9:45am Water Aerobics 2 Lap Lanes	10:00am-1:00pm Lap Swim		1:00pm-2:40pm Open Swim	2:45pm-4:45pm Lake High School Swim Team	5:00pm-7:15pm Lake Titans Swim Team	7:20pm-8:00pm Open Swim
Thursday	6:00am-7:15am Lake High School Swim Team	7:20am-7:50am Lap Swim	8:00am-8:45am Water Aerobics 2 Lap Lanes	9:00am-1:00pm Lap Swim	1:00pm-4:50pm Open Swim	5:00pm-6:40pm Swim Lessons		6:50pm-8:00pm Open Swim
Friday	6:00am-8:00am Lap Swim	8:00am-9:45am Water Aerobics 2 Lap Lanes	10:00am-1:00pm Lap Swim		1:00pm-2:40pm Open Swim	2:45pm-4:45pm Lake High School Swim Team	5:00pm-7:15pm Lake Titans Swim Team	7:20pm-8:00pm Open Swim
Saturday	8:00am-9:00am Lap Swim	9:00am-9:45am Water Aerobics 2 lap Lanes	10:00am-12:15pm Swim Lessons 2 Lap Lanes		1:00pm-4:00pm Open Swim			
Sunday	Open Swim 11:00am-2:00pm							

During **Open Swim** there will be a minimum of 2 lap lanes open. **During Swim Lessons the pool will be closed unless ap lanes are noted as available. Sauna and whirlpool will be open.** **Family Swim Guidelines:** All Children under the age of 6 must be accompanied by an Adult within arms reach in the water and on the deck at all times. All Swim band policy and rules will apply. **SWIM BAND POLICY: Yellow Band**—Child must be at least 6 years of age AND 48 inches tall (lifeguard will measure child on pool deck). Child not permitted in Lap Lanes or Deep End. **Green Band**—Child must be at least 6 years of age and have passed the Deep Water test.