



# MEYERS LAKE SWIMMING LESSONS

**Summer Session 1: June 7–July 9 (5 WEEKS)**

**Summer Session 2: July 12–Aug 20 (6 WEEKS)**

**REGISTRATION DATES: MEMBER: May 14th**

**NON-MEMBER: May 19th**

| Parent /Child – 30 MIN (6MO–3YRS)   | Tuesday      | Wednesday | Thursday     | Friday | Saturday     |
|---|--------------|-----------|--------------|--------|--------------|
| STAGE A & B WATER DISCOVERY/ ACCLIMATION  |              |           | 6:05         |        | 9:40         |
| <b>PRESCHOOL – 30 MIN (3YRS – Kindergarten)</b>                                 |              |           |              |        |              |
| STAGE 1 & 2 WATER ACCLAMATION/ WATER MOVEMENT                                   | 5:30<br>6:05 | 10:00     | 5:30<br>6:05 |        | 9:00<br>9:40 |
| STAGE 3 & 4 WATER STAMINA/STROKE INTRODUCTION                                   | 6:05         | 10:35     | 6:05         |        |              |
| <b>SCHOOL AGE – 30 MIN (1st GRADE – 12 YRS)</b>                                 |              |           |              |        |              |
| STAGE 1&2 WATER ACCLIMATION/MOVEMENT  | 5:30<br>6:05 |           | 5:30         |        | 9:40         |
| STAGE 3 WATER STAMINA   | 5:30         |           | 5:30         |        | 10:15        |
| STAGE 4 STROKE INTRODUCTION   |              |           | 6:40         |        | 10:15        |
| STAGE 5& 6 STROKE DEVELOPMENT/ MECHANICS  | 6:40         |           |              |        |              |
| MINI MANTA RAY – 30 MIN (PRE-SWIM TEAM)<br>Stage 4 or Aquatic Director approval |              |           | 6:40         |        |              |
| <b>TEEN/ADULT – 30 MIN (13 +YEARS)</b>  |              |           |              |        |              |
| TEEN/ADULT  | 6:40         |           |              |        | 9:00         |

## FEE:

**Summer 1: (5 WEEKS) Member \$45**

**Non –Member \$65**

**Summer 2: (6 WEEKS) Member \$54**

**Non – Member \$78**

**Participants may register for both sessions at one time**

**A class may be cancelled due to low enrollment.**

Financial assistance is available.

Contact: Tricia Loudon, Aquatics Director 330-454-9018