ENGAGE, LEARN, SHINE

Meyers Lake YMCA – AIM & ARTS ACADEMY
2019-2020 Before & After School Registration

HOURS OF OPERATION
Monday – Friday
6:30AM – School Day Begins
School Day End – 6:00PM

Days Out of School
6:30AM-6:00PM

LOCATIONS
• Aim Academy
• Arts Academy

DAYS OUT OF SCHOOL
Care is available at the Meyers Lake YMCA on school days off and snow days from 6:30AM-6:00PM for children in grades K-8. Pre-registration is required for care on school days off.

*NEW CHILD CARE BUSINESS OFFICE*
All matters of child care business operations will now be handled through our Child Care Business Office located at the Association Service Center. Please see page 3 for detailed information!
School Day Site Information

- **YOU MUST COME IN TO THE BUILDING TO SIGN YOUR CHILD IN AND OUT EACH DAY.** Students are not permitted to enter or exit the program alone.
- Students are released to the school’s breakfast if they choose. The Y does not provide an AM snack. Students are permitted to bring a snack in the morning if you choose. PM snack is provided each day.
- Curriculum includes: Homework help, 30+ minutes of active indoor or outdoor play each day, arts & crafts activities, STEM activities, free choice time and much more. Weekly lesson plans are posted for specific activities.
- Please contact the sites if your child will be absent on a scheduled care day. You may call and leave a message on the site cell phone.

Fun Club Days/Snow Days

- **Snow Days and Fun Club Days** follow the Canton City School calendar.
- If your child is registered for Before and After School care, you are automatically registered for the Snow Day program. Bring your child, with payment, to the YMCA in the event a snow day is called.
- For days pre-determined off school, a form will be provided at the sites two weeks in advance. You must sign up for days needed and pay for those days by the due date on the form.
- Please bring a bathing suit, towel, and lunch for your child when attending Fun Club Days or Snow Days.
- Daily charge of $25.00/Member or $30.00/non-member applies.

CONTACT INFORMATION:

Site Cell Phone Numbers:
- **Aim:** 330.413.0377
- **Arts:** 330.936.0352

Child Care Director:
- Holly Hug, hhug@ymcastark.org
- **330.454.9018**

Meyers Lake YMCA
1333 North Park Ave NW
Canton, Ohio 44708
Child Care Parent/Guardian(s):

As of June 2019, the Child Care Business Office, located at the YMCA of Central Stark County’s Association Office, will be handling the billing functions for our child care programs and services.

What you need to know:

- Continue to submit your child’s registration packet along with any financial aid forms to the branch your child is attending. You will receive an e-mail from the Child Care Business Office that will confirm your enrollment and notify you of your child/children’s start date.

- All invoicing and auto-payments will be processed at the Association Child Care Business Office – Child Care Directors located at the branch/site will no longer be handling any billing related functions or account changes.

- As of June 3, 2019, please contact the Child Care Billing Specialists at the YMCA Association Office to update payment information or with any billing related inquiries at 234-215-3566 and ask for Laura or Alex between the hours of 7am-6pm, Monday through Friday.

Thank you for being part of the YMCA!
YMCA of CENTRAL STARK COUNTY
FALL 2019/2020 CHILD CARE REGISTRATION

CHILD’S INFORMATION
Child’s Name (first/last) ____________________________________________________ Birth date _____/_____/_____ Age ______
Address _____________________________________________________________________________________________________________________
City_________________________________________ State _______ Zip ________________
County _______________ Home Phone: ____________________ Gender __________________
School Attending (School year 2019/2020) ___________________________________________ Grade __________
Membership Status (Please circle one): Member Akron/Western Stark Y Member Non-Member
1st Parent ___________________________ Birthdate _________ Contact Phone # __________
2nd Parent ___________________________ Birthdate _________ Contact Phone # __________
Parent Email ________________________________________________________________________________________________________________

Marital Status         □ Married          □ Separated          □ Divorced □ Single □ Other

Custody/Contact restrictions: (Equal access to the center and child will be granted to each parent in the absence of a Court order, which must be provided to the YMCA, specifying otherwise).

______________________________________________________________________________________________________________________________
______________________________________________________________________________________________________________________________
______________________________________________________________________________________________________________________________

PROGRAM NEEDED (Check program needed AND circle days needed)
Site child will attend: _____________________________________________________________________________________________________

☐ Before School Care ONLY (M T W TH F )       ☐ Both Before and After School Care (M T W TH F )

☐ After School Care ONLY (M T W TH F )       ☐ Fun Club Days ONLY

Please list the persons permitted to pick-up your child:
________________________________________________________________________ Phone # __________________ Relationship ____________
________________________________________________________________________ Phone # __________________ Relationship ____________
________________________________________________________________________ Phone # __________________ Relationship ____________
________________________________________________________________________ Phone # __________________ Relationship ____________
________________________________________________________________________ Phone # __________________ Relationship ____________

Will you donate to our Annual Campaign? Your money will go directly back into our program to allow children needing financial assistance to participate this school year!

Thanks for your donation to the Annual Campaign = $__________

1st Weeks Payment: $__________
Ohio Department of Job and Family Services

CHILD ENROLLMENT AND HEALTH INFORMATION
FOR CHILD CARE

This form shall be completed prior to the child’s first day of attendance and updated annually and as needed.

<table>
<thead>
<tr>
<th>Child’s Name</th>
<th>Date of Birth</th>
<th>First Day at Program/Home</th>
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<th>State</th>
<th>Zip Code</th>
<th>Home Telephone Number</th>
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<tr>
<th>Parent/Guardian Name</th>
<th>Relationship to Child</th>
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<th>Email Address (if applicable)</th>
<th>Cell Phone</th>
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<tr>
<th>Parent's Work/School Telephone Number</th>
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Please indicate if this name should be released if a parent/guardian, of a child attending the center/home, requests contact information for other parents/guardians.  □ Yes  □ No
If you answered yes, please indicate which number(s) above to include on the list  □ Work #  □ Cell #  □ Home #  □ Email

Where can you be reached while your child is in this program/home?

<table>
<thead>
<tr>
<th>Parent/Guardian Name</th>
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If you answered yes, please indicate which number(s) above to include on the list  □ Work #  □ Cell #  □ Home #  □ Email

Where can you be reached while your child is in this program/home?

**Emergency Contacts:** Parents cannot be listed as emergency contacts. List the name of at least one person who can be contacted in the event of an emergency or illness if you cannot be reached. Any person listed should be able to assist in contacting you. At least one person listed must be within one hour of the center/home, able to take responsibility for the child in case the parent/guardian cannot be contacted and should be at least 18 years of age.

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<th>Name</th>
<th>Name</th>
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<th>State</th>
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<tr>
<th>Telephone Number</th>
<th>Relationship to Child</th>
<th>Telephone Number</th>
<th>Relationship to Child</th>
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</table>

Other numbers where emergency contact can be reached (if applicable)

Name of Physician or Clinic/Hospital

<table>
<thead>
<tr>
<th>Street Address</th>
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<tbody>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>City</th>
<th>State</th>
<th>Telephone Number</th>
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</tbody>
</table>
**Allergies, Special Health or Medical Conditions, and Food Supplements**

Fill in this section accurately and completely. Please note that if your child has a current health or medical condition requiring child care staff to perform child specific care, such as: to monitor the condition, provide treatment, care, or to give medication, the JFS 01236 "Medical/Physical Care Plan" or equivalent form and/or the JFS 01217 "Request for Administration of Medication" must be completed and be kept on file at the center or family child care home.

<table>
<thead>
<tr>
<th>Does your child have any food, medication or environmental allergies? (check all that apply)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Does your child's allergy/allergies require child care staff to monitor your child for symptoms, take action if a reaction occurs, or give emergency medication to your child? (check one)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
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</table>

<table>
<thead>
<tr>
<th>Does your child have a special health or medical condition? (check one)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Does the special health or medical condition require child care staff to perform a procedure, or perform child specific care such as: to monitor your child for symptoms or administer medication during child care hours? (check one)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Is your child currently using any medication, food supplement or medical food (such as electrolyte solution)? (check one)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>If yes, does this medication, food supplement, or medical food need to be administered at the child care center/type A home?</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
<tr>
<td>N/A - program does not administer any medications.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Does your child have any dietary restrictions, including those for medical, religious or cultural reasons? (check one)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Does this dietary restriction require a modified diet that eliminates all types of fluid milk or an entire food group?</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
<tr>
<td>N/A - child does not attend a full time program.</td>
</tr>
</tbody>
</table>
Child's Name

List any history of hospitalization, outpatient surgery, or previous health concerns that would be needed to assist the staff or medical personnel in an emergency situation.

List any additional information about your child that would be useful for staff to know, such as fears, eating or sleeping habits, or special routines. This information should not be medical or health related, as that information should be included on the previous page.

### Diapering Statement

Is your child toilet trained?  □ Yes (If yes, skip to Emergency Transportation Authorization section)  □ No (If no, fill out the following)

The program’s policy is to check diapers every ________ hours. Please indicate if you want your child’s diaper checked according to the program’s policy or another:

□ I agree with the program’s schedule  □ I do not agree, please check my child’s diaper every ________ hours.

### Emergency Transportation Authorization

<table>
<thead>
<tr>
<th>Give Permission to Transport</th>
<th>Do Not Give Permission to Transport</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program or Home Name</td>
<td>Program or Home Name</td>
</tr>
<tr>
<td>Meyers Lake YMCA</td>
<td></td>
</tr>
</tbody>
</table>

**has permission** to secure emergency transportation for my child in the event of an illness or injury which requires emergency treatment. The emergency transportation service will determine the facility to which my child will be transported.

<table>
<thead>
<tr>
<th>Parent's Signature</th>
<th>Date</th>
<th>Parent's Signature</th>
<th>Date</th>
</tr>
</thead>
</table>

**OR**

**does not have permission** to secure emergency transportation for my child in the event of an illness or injury which requires emergency treatment. I wish for the following action to be taken:

<table>
<thead>
<tr>
<th>Parent's Signature</th>
<th>Date</th>
</tr>
</thead>
</table>

### Acknowledgement of Policies and Procedures

I have reviewed and received a copy of the program’s or home’s policies and procedures/handbook (check one)  □ Yes  □ No

This form, after being completed and signed by the parent/guardian, must be reviewed for completeness and signed by the administrator/designee prior to the child receiving care.

<table>
<thead>
<tr>
<th>Parent/Guardian Signature(s)</th>
<th>Date</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Administrator/Designee Signature</th>
<th>Date</th>
</tr>
</thead>
</table>

### The form is to be initialed and dated, at least annually, after it has been reviewed by the parent/guardian. This is to indicate all information has stayed the same or changes have been noted. If significant changes are needed, please complete a new form.

<table>
<thead>
<tr>
<th>Parent/Guardian Initials</th>
<th>Date of Review</th>
<th>Administrator/Designee Initials</th>
<th>Date of Review</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Parent/Guardian Initials</th>
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<th>Date of Review</th>
</tr>
</thead>
</table>

Note: This is a prescribed form which must be used by child care providers to meet the requirements to rules 5101:2-12-15 and 5101:2-13-15. This form must be on file at the program or home on or before the child’s first day of attendance and thereafter while the child is enrolled.
YMCA of Central Stark County – Schedule and Tuition Agreement

Aim & Arts Academy 2019-2020 School Year

Child’s Name _____________________________________________________________ Birthdate _____________________________

School Child Attends __________________________________________________ Start Date _________________________________

WHAT DAYS DOES YOUR CHILD NEED CARE? (Please circle days)

Before School: M T W TH F

After School: M T W TH F

PAYMENT SCHEDULE: (Please circle the schedule your child will attend)

<table>
<thead>
<tr>
<th>Program</th>
<th>Y Member 1-3 days</th>
<th>Program Participant 1-3 days</th>
<th>Y Member 4-5 days</th>
<th>Program Participant 4-5 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before-School Only</td>
<td>$28</td>
<td>$37</td>
<td>$35</td>
<td>$44</td>
</tr>
<tr>
<td>After-School Only</td>
<td>$27</td>
<td>$36</td>
<td>$34</td>
<td>$43</td>
</tr>
<tr>
<td>Before and After School</td>
<td>$52</td>
<td>$71</td>
<td>$68</td>
<td>$87</td>
</tr>
<tr>
<td>Fun Club/Snow Days</td>
<td>$25 per day</td>
<td>$30 per day</td>
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</tbody>
</table>

Child Care Payment Policies

Please initial beside each of the following:

Tuition payment is due one week in advance of attendance.

Accounts that have a balance of 2 weeks or more will be considered delinquent. The Child Care Business Office will contact the responsible parent to reconcile the balance and keep the account current. If a payment agreement is not reached or payment is not made, child care services may be suspended.

Payments/Refunds will be applied to any outstanding Y balances first then to current programming fees.

Our sites close at 6:00PM. A $1 per minute per child late fee is charged after 6:00PM. All late fees will be added to the next weeks draft payment.

I understand I will be charged for the program and rate for which I signed up my child.

I understand that weekly tuition is not adjusted for days missed due to illness unless the child is hospitalized and the parent/guardian notifies the Child Care Business Office.

A 2 week written notice is required for any change in schedule, otherwise the account will be charged based on the schedule for which you signed up.

Should my bank, for any reason, not honor any debit, I am responsible for the payment and I may also be responsible for a fee up to $30. The payment and fee may be collected electronically by a third party.

Failure to communicate with Y staff for 5 business days may result in termination of services.

I will be paying by: □ Bank Draft □ Credit Card Draft

__________________________________________  ____________________________________________  ________________
Parent/Guardian Signature                  Print Name                                      Date
Automatic Payment Enrollment Form

Participant Information:

Child’s Name _______________________________ Date of Birth __________________________
Site/Location Child Attends:______________________________________________________________
Program: (Please circle one)
Before Only            After School Only               Before & After School             Fun Club Only

Responsible Parent/Guardian Information:

Name: __________________________________________________________________________________
Phone: ___________________________ 2nd Phone: ___________________________
Are you responsible for entire tuition payment?    YES   NO   (If “no” please explain below) ____________________________________________________________

Ohio Department of Jobs & Family Services Assistance:

Are you receiving assistance through Ohio Jobs and Family Services?     YES       NO
If yes, please specify copay amount: _________________
*Please see ODJFS policy document from your Child Care Director for all responsibilities for approved cases.

PAYMENT OPTIONS:

1. Bank Draft (Please include a voided check)          Account Type:

   □ Weekly     □ Bi-Weekly     □ Checking     □ Savings

   Bank ______________________

   Bank Address/City/State/Zip ______________________________________

   Transit & Routing # ______________________________________________

   Account # _______________________________________________________

2. Credit Card Draft

   □ Weekly     □ Bi-Weekly     □ Credit Card     □ Debit Card

   MasterCard   VISA   Discover   American Express

   Issuing Bank Name ________________________________________________

   Name on Card __________________________________ Exp. Date _________

   Account # _______________________________________________________

Draft Authorization: I authorize automatic payments for my child care fees in the amount of the agreed upon weekly payment rate for the program my child attends. Drafts will occur automatically until care is terminated in writing or the program ends. A minimum of 14 business days notice is required to stop or edit drafts.

Parent/Guardian Signature ____________________________________________ Print Name __________________________ Date ________
Child’s Name: ________________________________  Child’s Date of Birth: ____________

Y  N  I give permission for my child to be included in publicity pictures connected with the program, including those used in online media such as on our website and Facebook page.

Y  N  I give permission for my child to walk outside of the YMCA Program building with the staff for the occasional walking trip. Any trips requiring a specific permission slip would be provided including the exact nature of the activity, destination, transportation being used, specific time period, time of departure and return to the center.

Y  N  I give permission for my child to participate in swimming activities while at the YMCA for Fun Club Days or Snow Days. Children who are unable to touch in the shallow end of the pool will be given a life-jacket to wear unless they are able to pass a swim test administered by YMCA lifeguards.

*** My child is a _______ swimmer _______ non-swimmer ***

I, the undersigned parent/guardian, do hereby accept all responsibility for, and assume the risk of any injury or damage to my person or dependent children which might arise directly or indirectly as a result of, and/or participation in a YMCA of Central Stark County program. I hereby expressly release, discharge and hold harmless from any liability whatsoever the YMCA, the various branches and subdivisions expressly including but not limited to the Board of Trustees of the YMCA, except for injuries caused intentionally, or by willful misconduct. I certify that I am familiar with the contents of the release, that I have read and understand the same, and that it is my intention by signing this release that the same be binding not only on me, but my heirs, administrators, executors, successors, and assigns. The YMCA of Central Stark County is not responsible for misplaced or stolen items.

PERMISSION TO TREAT: IN CASE OF MEDICAL ILLNESS OR INJURY, I hereby give permission to YMCA of Central Stark County personnel to provide routine health care, first aid, medication or treatment as determined by medical personnel. IN CASE OF MEDICAL EMERGENCY or medical care beyond the scope of YMCA staff, I understand that every effort will be made to notify listed contact(s). I authorize YMCA personnel to act on my behalf and secure emergency medical treatment and grant permission to the attending physician to secure proper treatment for the named child.

_________________________  __________________
Parent/Guardian Signature  Date

Demographic Information

Agencies like the United Way allocate funds to the YMCA every year. We use this money to help with financial assistance to those who need it which in turn keeps fees lower. Please fill in the information requested below to help the Child Care Programs with our funding requests.

Child’s Ethnicity (please circle one below):

American Indian/  Asian  Black/African American
Alaska Native
Hispanic/Latino  Native Hawaiian/Pacific Islander  White

Child’s Gender: ____________________________

Family Size (please circle one): 2  3  4  5  6  7  8

Household Income Level (please check one):

   _______  $0-$9,999  _______  $10,000-$19,999  _______  $20,000-$29,999  _______  $30,000-$39,999  
   _______  $40,000-$49,999  _______  $50,000+
YMCA of Central Stark County Child Care
BEHAVIOR GUIDANCE/MANAGEMENT POLICY

Our goal is to set guidelines to develop a feeling of self-worth and competence for each child that results in social and emotional growth. The Y has developed a set of expectations that are developmentally appropriate for their group of children. The child care staff will review these rules with the groups and they will be posted. YMCA rules are expected to be followed both in and outside of the Y building and at all times the child is in the Child Care program.

Our disciplinary steps are based on an understanding of the individual child’s needs and stage of development as well as each individual situation. It is our desire to help each child develop self-control, and respect for the rights of others. Please provide staff as much information as possible about your child at the beginning of and throughout their time in the program to help inform this process.

When behavior management problems arise, staff will use a problem-solving approach to support children in resolving conflicts. Staff will approach the situation calmly, stopping any hurtful actions or language. When the situation is calm, staff will gather information from the children involved and any others that witnessed the incident. Staff will also ask the children for ideas for a solution and how to properly handle the situation next time.

At no time will any form of corporal punishment or shaming be used. Children are never deprived of food as a form of discipline. The entire group is not punished for the actions of one or a few. Children are not restricted from activities for extended periods of time.

Behavior Management Reports and Procedure:
When a behavior concern arises, staff will utilize the Behavior Management Report to document the incident and report to parents/guardians. This form addresses the following behaviors with room for additional situations.

- Refusal to follow rules/cooperate with staff
- Leaving the group or staff without permission
- Continuous disruptive behavior
- Stealing/damaging of property
- Use of profanity, vulgarity or obscenities
- Endangering the health and safety of self, other children and/or staff
- Teasing/bullying of other children or staff
- Fighting of any kind

Staff will follow the below procedure for these incidents with campers:

First Report: Written warning and parent/guardian will be contacted.

Second Report: The student will be sent home and serve a suspension. Parent/Guardian will be contacted and must discuss with Director.

Third Report: The student will be sent home and serve a suspension. Child cannot return until parent/guardian meets with a director to develop a specific behavior management plan.

Fourth Report: The student will be removed from the program and services will no longer be provided.

When there are recurring problems, sufficient attempts to follow the above steps have failed, and/or the behavior involved may result in unsafe conditions for the child, others or the program environment, immediate removal from the program may be necessary. These situations will result in an immediate “pick-up”. Parents/guardians will be contacted via the preferred method indicated and are required to pick up the child and respond to any correspondence. The Child Care Director will determine the most appropriate next step and discuss with the child and parent/guardian. Each YMCA location reserves the right to skip steps in this process as deemed necessary. If removed from the program, campers will not be re-admitted to any child care program with YMCA of Central Stark County, unless specific exception is made at the time of the request.

Please initial each statement and sign below:

_____ I understand that in a crisis situation, my child may be physically held to prevent bodily harm to self and/or others, or the destruction of property. Physical holding shall be utilized for the minimum frequency and duration possible and shall not be used as punishment, convenience for staff, or as a means for compliance with behavioral expectations.

_____ Abusive language or actions, illegal acts or endangerment of any Y staff or participant by parents/family members of enrolled child may result in immediate dismissal of the child from programming.

_____ I have read and understand the above Behavior Guidance/Management Policy.

SIGNATURE _______________________________ DATE __________
Meyers Lake YMCA

August 12th, 2019 – May 29th, 2020

On site – Swim time from 10:00 – 3:00

N/A – Swimming on Site
Additional Paperwork

Step Up To Quality is a five star quality rating and improvement system administered by the Ohio Department of Jobs and Family Services that recognizes quality education based child care programs. We are proud to be a highly rated childcare program. Because of this, there are a few additional documents we ask you to complete annually.

- **FAMILY QUESTIONAIRE**
  The questions asked help our staff get to know more about your child in order to provide the most individualized care possible. Please complete all questions on this form and sign and date.

- **CHILD GOAL SHEET**
  In order to assist your child is reaching developmentally appropriate milestones we will be asking them to develop goals for themselves during their time in our programming, Please discuss these goals with your child and sign and date the form.

We would love to discuss Step Up to Quality further with you. Please ask your Site Director or Child Care Director for more information!

If your child is in need of any specialized care, additional documents are necessary for registration. Please provide the most detailed and up to date information possible in order for our staff to be able to provide the highest quality of care.

If your child has an allergy, special health concern, medical condition or requires a food supplement/substitution, please fill out these additional forms:

- **CHILD MEDICAL/PHYSICAL CARE PLAN**
  Required for all situations listed above. Please answer all parts of each question on the form and sign as the trainer and parent. If there are procedures listed that require training, parents must provide this training for staff.

- **REQUEST FOR ADMINISTRATION OF MEDICATION**
  Required when any medication needs to be administered during time in care.

  **Box 1** must be filled out in its entirety by the parent/guardian. (Needed for ALL medications)

  **Box 2** must be filled out and signed by a licensed physician, dentist, advanced practice registered nurse or certified physicians assistant. (Needed for Prescription Medications ONLY)
<table>
<thead>
<tr>
<th>Question</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. What might you and/or your child be anxious about as he/she starts this program?</td>
<td></td>
</tr>
<tr>
<td>2. Are there any changes or transitions that your child has recently experienced or is experiencing? (moved to a new home, divorce, death of a family member, friend or pet)</td>
<td></td>
</tr>
<tr>
<td>3. What methods do you use at home to respond to your child’s negative behavior?</td>
<td></td>
</tr>
<tr>
<td>4. What are your expectations for your child in this program?</td>
<td></td>
</tr>
<tr>
<td>5. What other information might be helpful for the staff caring for your child to know?</td>
<td></td>
</tr>
</tbody>
</table>

Parent Signature: ___________________________  Date: _______________
Student Goal Worksheet
We will work together to reach my goals!

Child’s name:_______________________________________________________________

Date:_____________  Parent Signature:______________________________________

Goal for my Body:
Action Step 1: __________________________________________________________
Action Step 2: __________________________________________________________
Action Step 3: __________________________________________________________

Goal for my Mind:
Action Step 1: __________________________________________________________
Action Step 2: __________________________________________________________
Action Step 3: __________________________________________________________

Goal for Social Responsibility:
Action Step 1: __________________________________________________________
Action Step 2: __________________________________________________________
Action Step 3: __________________________________________________________

Goal for my Character:
Action Step 1: __________________________________________________________
Action Step 2: __________________________________________________________
Action Step 3: __________________________________________________________

These people will help me reach my goals:

This is how I will feel when I reach my goal (draw or write it):

My parent’s goal for me:

Goal Accomplished