



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Swimming Lessons

SPRING SESSION (4 weeks):

May 3-29, 2021

Registration Dates: Members: April 12th

Non-Members: April 15th



PARENT/CHILD - 30 MIN (6 MO - 3 YRS)	MONDAY	TUESDAY	THURSDAY	SATURDAY
STAGE A & B WATER DISCOVERY/ACCLIMATION	6:00pm			10:00AM 10:30AM
PRESCHOOL - 30 MIN (3YRS-KINDERGARTEN)				
PRE-STAGE (2-3YRS)				9:15AM
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	6:00PM 6:35PM	10:00AM 10:45AM 6:00PM 6:35PM	6:00PM 6:35PM	9:00AM 9:45AM 10:30AM
STAGE 3 & 4 WATER STAMINA/STROKE INTRODUCTION			6:00PM	
SCHOOL AGE - 30 MIN (1ST GRADE—12 YRS)				
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	6:35PM 7:10PM	6:35PM 7:10PM	6:35PM 7:10PM	10:30AM
STAGE 3 WATER STAMINA	6:35PM	6:00PM 7:10PM	6:00PM 7:10PM	9:00AM
STAGE 4 STROKE INTRODUCTION	7:10PM	6:35PM	6:35PM	10:30PM
STAGE 5 & 6 STROKE DEVELOPMENT/MECHANICS		6:35PM		9:45AM
FUTURE PHANTOMS	6:00PM/6:30PM	Wednesday 6:00PM		
TEEN/ADULT - 30 MIN (13+ YEARS)				
TEEN/ADULT				9:00AM/9:30AM

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Member Pricing: \$32

Non-Member Pricing: \$48

Financial Assistance available