



2021 FALL 1 SPORTS PROGRAMS

PAUL & CAROL DAVID YMCA

Session Dates : Tuesday, September 7 – Monday, October 25, 2021

YMCA Member Registration Opens: Monday, August 9

Non-Member Registration Opens: Thursday, August 12

VOLLEYBALL

Participants will learn and practice basic fundamental skills (passing, setting, approach/hitting, digging, blocking, serving, and much more), practical drills, game strategy/tactics while all being encouraged through teamwork!

PROGRAM	GRADES	DAYS	LOCATIONS	MEMBERS	NON MEMBERS
Volleyball Skills	3-4th	Mondays 5:15-6:00pm	David YMCA	\$35	\$56

FLAG FOOTBALL

Participants will learn and practice basic fundamental skills (throwing, catching, and much more!). Participants will practice these new skills with drills and fun games.

PROGRAM	GRADES	DAYS	LOCATIONS	MEMBERS	NON MEMBERS
Small Stuff Flag Football	Ages 3-4 with Parent Participation	Saturdays 10:00-10:45am	David YMCA	\$35	\$56

SPORTS GALORE

A program designed for participants to experience and learn a different sport each week in a fun, non-competitive environment.

PROGRAM	GRADES	DAYS	LOCATIONS	MEMBERS	NON MEMBERS
Small Stuff Sports Galore	Ages 3-4 with Parent Participation	CLASS OPTIONS: Wednesdays 10:30-11:15am Thursdays 5:15-6:00pm	David YMCA	\$35	\$56
K-Skills	Ages 5-7	CLASS OPTIONS: Wednesdays 11:30-12:15pm Thursdays 6:15-7:00pm Saturdays 11:00-11:45am	David YMCA	\$35	\$56



CONTACT:

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