



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Swimming Lessons

An introduction to the joy of swimming and help improving stroke techniques in this fun and educational class.



**FALL 1 SESSION (7 weeks): September 5- October 23, 2023**

**REGISTRATION: Members— August 5 Non-members— August 17**

**BREAK WEEK: October 24 - October 28, 2022**

**FALL 2 SESSION (7 weeks): October 30 - December 16, 2023**

PARENT/CHILD - 30 MIN (6 MO - 3 YRS)	MONDAY	TUESDAY	WEDNESDAY	FRIDAY	SATURDAY
STAGE A/B WATER DISCOVERY		9:30am	6:05pm		9:30am
<b>PRESCHOOL - 30 MIN (3YRS-KINDERGARTEN)</b>					
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	5:30pm	10:05am	5:30pm	5:30pm	10:05am
STAGE 3 WATER STAMINA	5:30pm	10:05am			10:05am
STAGE 4 STROKE INTRODUCTION					
<b>SCHOOL AGE - 30 MIN (1ST GRADE—12 YRS)</b>					
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	6:05pm		5:30pm	6:05pm	10:40am
STAGE 3 WATER STAMINA	6:05pm		5:30pm	6:05pm	10:40am
STAGE 4 STROKE INTRODUCTION	6:40pm		6:05pm		
STAGE 5 & 6 STROKE DEVELOPMENT/MECHANICS	6:40pm				11:50am
<b>WATER BEARS SWIM CLUB (7-12 YEARS)</b>					
STAGE 5 & 6 BEGINNER SWIM TEAM			6:30pm	6:30pm	
<b>TEEN/ADULT - 30 MIN (13+ YEARS)</b>					
TEEN/ADULT	7:10pm	2:00pm			11:15am

**SCHALMO FAMILY YMCA**  
976 S Canal St  
Canal Fulton, OH 44614  
www.ymcastark.org 330 970 0123

**Member Pricing: \$ 67.00**

**Non-Member Pricing: \$ 103.00**

**\*Financial Assistance available\***