



Schalmo Family YMCA | September 8th - September 14th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim Pool	6:00AM-11:00AM (Lap Swim) 2:00PM-5:30PM (Lap Swim) 7:10PM-8:45PM (Lap Swim)	6:00AM-11:00AM (Lap Swim) 2:00PM-8:45PM (Lap Swim)	6:00AM-11:00AM (Lap Swim) 2:00PM-6:00PM (Lap Swim) 7:10PM-8:45PM (Lap Swim)	6:00AM-11:00AM (Lap Swim) 2:00PM-8:45PM (Lap Swim)	6:00AM-11:00AM (Lap Swim) 2:00PM-4:30PM (Lap Swim)	7:15AM-10:00AM (Open Swim) 11:20AM-2:45PM (Lap Swim)	
Open Swim Pool	6:00AM-9:00AM (Open Swim) 2:00PM-5:30PM (Open Swim) 7:10PM-8:45PM (Open Swim)	6:00AM-11:00AM (Open Swim) 2:00PM-5:45PM (Open Swim) 6:30PM-8:45PM (Open Swim)	6:00AM-9:00AM (Open Swim) 10:00AM-11:00AM (Open Swim) 2:00PM-6:00PM (Open Swim) 7:10PM-8:45PM (Open Swim)	6:00AM-10:00AM (Open Swim) 2:00PM-5:45PM (Open Swim) 6:30PM-8:45PM (Open Swim)	6:00AM-9:00AM (Open Swim) 10:00AM-11:00AM (Open Swim) 2:00PM-4:30PM (Open Swim)	7:15AM-8:00AM (Open Swim) 9:00AM-10:00AM (Open Swim) 11:20AM-2:45PM (Open Swim)	
Water Fitness Pool	9:00AM-10:00AM (Water Aerobics)	5:45PM-6:30PM (Water Aerobics)	9:00AM-10:00AM (Water Aerobics)	5:45PM-6:30PM (Water Aerobics)	9:00AM-10:00AM (Water Aerobics)	8:00AM-9:00AM (Water Aerobics)	
Arthritis Water Exercise Pool	10:00AM-11:00AM (Water Aerobics)			10:00AM-11:00AM (Water Aerobics)			
POOL CLOSED Pool	11:00AM-2:00PM (Pool Closed)	11:00AM-2:00PM (Pool Closed)	11:00AM-2:00PM (Pool Closed)	11:00AM-2:00PM (Pool Closed)	11:00AM-2:00PM (Pool Closed)		
Open/Lap Swim Pool							11:15AM-2:45PM (Open Swim)