



## North Canton Community Building YMCA | April 6th - April 12th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lap Swim 6 Lanes</b> Large Pool	5:15AM-8:40AM (Lap Swim)  1:00PM-4:00PM (Lap Swim)	6:15AM-8:15AM (Lap Swim)  1:00PM-4:00PM (Lap Swim)  7:45PM-9:45PM (Lap Swim)	5:15AM-8:40AM (Lap Swim)  1:00PM-4:00PM (Lap Swim)	6:15AM-8:15AM (Lap Swim)  1:00PM-4:00PM (Lap Swim)  8:15PM-9:45PM (Lap Swim)	5:15AM-8:40AM (Lap Swim)  11:15AM-4:00PM (Lap Swim)	6:00AM-8:15AM (Lap Swim)	8:15AM-2:00PM (Lap Swim)
<b>Shallow Water Aerobics</b> Large Pool	9:00AM-9:40AM (Water Aerobics)	8:40AM-9:25AM (Water Aerobics)		8:40AM-9:25AM (Water Aerobics)		9:15AM-10:00AM (Water Aerobics)	
<b>Arthritis Water Exercise</b> Large Pool	9:50AM-10:30AM (Water Aerobics)		9:50AM-10:30AM (Water Aerobics)		9:50AM-10:30AM (Water Aerobics)		
<b>Lap Swim 3 Lanes</b> Large Pool	10:40AM-1:00PM (Lap Swim)  5:40PM-6:30PM (Lap Swim)	11:15AM-1:00PM (Lap Swim)	11:15AM-11:50AM (Lap Swim)  5:40PM-6:30PM (Lap Swim)	6:45PM-8:15PM (Lap Swim)	6:15PM-8:45PM (Lap Swim)	10:15AM-7:45PM (Lap Swim)	2:00PM-5:45PM (Lap Swim)
<b>Open/Lap Swim</b> Large Pool	11:30AM-1:00PM (Open Swim)	11:30AM-1:00PM (Open Swim)	11:50AM-1:00PM (Open Swim)	11:30AM-1:00PM (Open Swim)  6:45PM-8:15PM (Open Swim)	6:15PM-8:45PM (Open Swim)	12:15PM-7:45PM (Open Swim)	2:15PM-5:45PM (Open Swim)
<b>Lap Swim 2 Lanes</b> Large Pool	7:45PM-9:45PM (Lap Swim)	5:15AM-6:15AM (Lap Swim)  9:45AM-11:15AM (Lap Swim)  6:40PM-7:45PM (Lap Swim)	10:40AM-11:15AM (Lap Swim)  6:30PM-9:45PM (Lap Swim)	5:15AM-6:15AM (Lap Swim)  9:45AM-11:15AM (Lap Swim)			
<b>Deep Water Aerobics</b> Large Pool			9:00AM-9:40AM (Water Aerobics)	5:30AM-6:00AM (Water Aerobics)	9:00AM-9:40AM (Water Aerobics)		
<b>Lap Swim 4 Lanes</b> Large Pool			11:50AM-1:00PM (Lap Swim)	11:15AM-1:00PM (Lap Swim)	10:40AM-11:15AM (Lap Swim)		
<b>Open Swim</b> Small Pool			12:00PM-1:00PM (Open Swim)	11:30AM-1:00PM (Open Swim)  6:45PM-8:15PM (Open Swim)			2:15PM-5:45PM (Open Swim)
<b>Lap Swim 1 Lane</b> Large Pool					4:00PM-6:15PM (Lap Swim)		

