



North Canton Community Building YMCA | June 30th - July 6th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 6 Lanes Large Pool	5:15AM-7:25AM (Lap Swim)	6:15AM-7:25AM (Lap Swim)	5:15AM-7:25AM (Lap Swim)	6:15AM-7:25AM (Lap Swim) 7:45PM-9:45PM (Lap Swim)	6:00AM-10:45AM (Lap Swim)	6:00AM-8:15AM (Lap Swim)	10:15AM-1:00PM (Lap Swim)
Shallow Water Aerobics Large Pool	9:15AM-10:00AM (Water Aerobics)	9:15AM-10:00AM (Water Aerobics)		9:15AM-10:00AM (Water Aerobics)		9:15AM-10:00AM (Water Aerobics)	
Arthritis Water Exercise Large Pool	10:10AM-10:50AM (Water Aerobics)		10:10AM-10:50AM (Water Aerobics)				
Lap Swim 2 Lanes Large Pool	11:00AM-11:45AM (Lap Swim) 7:45PM-9:45PM (Lap Swim)	5:15AM-6:15AM (Lap Swim)	12:00PM-2:30PM (Lap Swim)	5:15AM-6:15AM (Lap Swim) 10:10AM-11:30AM (Lap Swim) 6:15PM-7:15PM (Lap Swim)			
Lap Swim 3 Lanes Large Pool	11:45AM-6:25PM (Lap Swim)	10:10AM-4:50PM (Lap Swim) 6:15PM-9:45PM (Lap Swim)	2:30PM-9:45PM (Lap Swim)	11:30AM-4:50PM (Lap Swim) 7:15PM-7:45PM (Lap Swim)		10:15AM-10:45AM (Lap Swim) 11:30AM-5:45PM (Lap Swim)	1:00PM-4:45PM (Lap Swim)
Open/Lap Swim Large Pool	12:30PM-6:25PM (Open Swim)		3:45PM-9:45PM (Open Swim)	11:30AM-4:50PM (Open Swim)		12:00PM-5:45PM (Open Swim)	1:15PM-4:45PM (Open Swim)
Open Swim Small Pool	12:30PM-6:00PM (Open Swim)	11:45AM-8:30PM (Open Swim)	3:45PM-8:30PM (Open Swim)	12:00PM-5:45PM (Open Swim)			1:15PM-4:45PM (Open Swim)
Deep Water Aerobics Large Pool		5:30AM-6:15AM (Water Aerobics)	9:15AM-10:00AM (Water Aerobics)	5:30AM-6:15AM (Water Aerobics)			
Open Swim Large Pool		11:45AM-4:50PM (Open Swim) 6:15PM-9:45PM (Open Swim)					
Lap Swim 1 Lane Large Pool			11:00AM-12:00PM (Lap Swim)			10:45AM-11:30AM (Lap Swim)	