

## North Canton Community Building YMCA | August 18th - August 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lap Swim 6 Lanes</b> Large Pool	5:15AM-8:45AM (Lap Swim)	6:15AM-8:45AM (Lap Swim)	5:15AM-8:45AM (Lap Swim)	6:15AM-8:45AM (Lap Swim)	5:15AM-8:40AM (Lap Swim)	6:00AM-8:15AM (Lap Swim)	10:15AM-1:00PM (Lap Swim)
	11:00AM-9:45PM (Lap Swim)	10:10AM-9:45PM (Lap Swim)	11:00AM-9:45PM (Lap Swim)	10:10AM-9:45PM (Lap Swim)	10:40AM-6:00PM (Lap Swim)		
POOL CLOSED Small Pool	5:15AM-9:45PM (Pool Closed)	5:15AM-9:45PM (Pool Closed)	5:15AM-9:45PM (Pool Closed)	5:15AM-9:45PM (Pool Closed)	5:15AM-9:45PM (Pool Closed)	6:00AM-5:45PM (Pool Closed)	10:15AM-4:45PM (Pool Closed)
Shallow Water Aerobics Large Pool	9:15AM-10:00AM (Water Aerobics)	9:15AM-10:00AM (Water Aerobics)		9:15AM-10:00AM (Water Aerobics)		9:15AM-10:00AM (Water Aerobics)	
<b>Arthritis Water Exercise</b> Large Pool	10:10AM-10:50AM (Water Aerobics)		10:10AM-10:50AM (Water Aerobics)		9:50AM-10:30AM (Water Aerobics)		
<b>Lap Swim 2 Lanes</b> Large Pool		5:15AM-6:15AM (Lap Swim)		5:15AM-6:15AM (Lap Swim)			
<b>Deep Water Aerobics</b> Large Pool		5:30AM-6:15AM (Water Aerobics)	9:15AM-10:00AM (Water Aerobics)	5:30AM-6:00AM (Water Aerobics)	9:00AM-9:40AM (Water Aerobics)		
<b>Lap Swim 3 Lanes</b> Large Pool					6:00PM-8:45PM (Lap Swim)	10:15AM-5:45PM (Lap Swim)	1:00PM-4:45PM (Lap Swim)
<b>Open/Lap Swim</b> Large Pool					6:15PM-8:45PM (Open Swim)	10:15AM-5:45PM (Open Swim)	1:15PM-4:45PM (Open Swim)