



Meyers Lake YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open/Lap Swim Pool	5:30AM-9:00AM (Open Swim) 12:00PM-5:30PM (Open Swim) 7:00PM-8:45PM (Open Swim)	5:30AM-11:00AM (Open Swim) 1:00PM-5:30PM (Open Swim) 8:00PM-8:45PM (Open Swim)	5:30AM-9:00AM (Open Swim) 11:00AM-8:45PM (Open Swim)	5:30AM-11:00AM (Open Swim) 1:00PM-5:30PM (Open Swim) 8:00PM-8:45PM (Open Swim)	5:30AM-1:00PM (Open Swim) 3:00PM-6:45PM (Open Swim)	7:00AM-9:00AM (Open Swim) 11:00AM-2:45PM (Open Swim)	11:00AM-2:45PM (Open Swim)
Deep Water Aerobics Pool	9:00AM-10:00AM (Water Aerobics)		9:00AM-10:00AM (Water Aerobics)				
Arthritis Water Exercise Pool		11:00AM-11:45AM (Water Aerobics)		11:00AM-11:45AM (Water Aerobics)			
Aqua Pilates Pool		12:00PM-1:00PM (Water Aerobics)		12:00PM-1:00PM (Water Aerobics)			
Aqua Strength Pool		7:00PM-8:00PM (Water Aerobics)		7:00PM-8:00PM (Water Aerobics)			
Lap Swim 2 Lanes Pool			10:00AM-11:00AM (Lap Swim)				