

## GYM SCHEDULE: May-June (effective 5/29/19- 6/15/19)

Building Hours	Monday 5:30am-8pm	Tuesday 5:30am-8pm	Wednesday 5:30am-8pm	Thursday 5:30am-8pm	Friday 5:30am-7pm	Saturday 8am-2pm	Sunday CLOSED
6:00am	Open 5:30am-9:45am	Open 5:30-10:15am	Open 5:30-9:45am	Open 5:30am-7:45pm	Open 5:30-10:15am	Open 8:00am-1:45pm	
7:00am							
8:00am							
9:00am							
10:00am	<b>Silver Sneakers</b> 10:00-11:00am	<b>Senior Fitness</b> 10:30-11:30am	<b>Silver Sneakers</b> 10:00-11:00am		<b>Senior Fitness</b> 10:30-11:30am		
11:00am	Open 11:15-5:15pm	Open 11:45-7:45pm	Open 11:45am -5:15pm		Open 11:45am-6:45pm		
12:00pm							
1:00pm							
2:00pm							
3:00pm	RECHARGE 5:30-6:15pm (Begins 6/3/19)	Open 11:45-7:45pm	RECHARGE 5:30-6:00pm* (Begins 6/5/19)	Open 11:45am-6:45pm			
4:00pm							
5:00pm	Open 6:00-7:45pm	Open 11:45-7:45pm	Women's Volleyball 6:00-8:30pm	Open 11:45am-6:45pm			
6:00pm							
7:00pm							
8:00pm							

\*\*\*SCHEDULE SUBJECT TO CHANGE BASED ON YMCA EVENTS\*\*\*