



North Canton YMCA Child Development Center
CACFP Menu for Children: Week of May 1 - 3

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18			Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup			Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2			Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup			Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz			Fish Patty	Egg Patty & Turkey Sausage	Hamburger
	Vegetable	1/8 cup	1/4 cup	1/2 cup			Sliced Carrots	Corn	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup			Pineapple Tidbits	Diced Peaches	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2			WG Hamburger Bun	WG Biscuit & butter	WG Hamburger Bun
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup			100% White Grape Juice	100% Tangerine Juice	100% Cherry Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2			Pretzels *12mos crackers	Teddy Grams	Goldfish

This institution is an equal opportunity provider. Select 2 of the 5 components for snack. Cereal: Cheerios, Frosted Mini Wheats, Cinnamon Toast Crunch, Rice Krispies, & Kix. Meat & Meat Alternates may be used to substitute the entire grains component a maximum of 3 times per week. Oz eq=ounces equivalents.



North Canton YMCA Child Development Center

CACFP Menu for Children: Week of May 6-10

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Sloppy Joes	Taco Cheese	Sweet & Sour Meatballs	Beef Rotini	Chicken Patty Sandwich
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Green Beans	Corn	Peas	Sliced Carrots	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup	Applesauce	Diced Peaches	Mandarin Oranges	Tropical Fruit	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	WG Hamburger Bun	WG Tortilla Wrap	WG Bread & Butter	WG Elbow Pasta	WG Hamburger Bun
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz		String Cheese			
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	100% Tangerine Juice		100% Cherry Juice	100% Apple Juice	100% Fruit Punch Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Pretzels*12mos crackers	Club Crackers	Cheeze It's	Teddy Grams	Goldfish

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North Canton YMCA Child Development Center CACFP Menu for Children: Week of May 13-17

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Taco Bake Cheese	Chicken Tender	Salisbury Steak	Breakfast Scramble	Beef Stroganoff
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Corn	Green Beans	Peas	Sliced Carrots	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup	Diced Peaches	Applesauce	Pineapple Tidbits	Diced Pears	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	WG Elbow Pasta	WG Dinner Roll & Butter	WG Bread & Butter	WG Tortilla Wrap	WG Elbow Pasta
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	100% Fruit Punch Juice	100% Apple Juice	100% Cherry Juice	100% Peach Mango Juice	100% White Grape Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Pretzels *12 mos crackers	Cheez it's	Sports Bites	Goldfish	Cheddar Chex Mix

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North Canton YMCA Child Development Center
CACFP Menu for Children: Week of May 20-24

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Turkey Hotdog	Chicken Parmesan	Meatballs in Sauce	Chicken Alfredo	Sloppy Joes
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Baked Beans	Green Beans	Corn	Peas	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup	Pineapple Tidbits	Mandarin Oranges	Tropical Fruit	Diced Peaches	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	WG Hotdog Bun	WG Dinner Roll	WG Bread & Butter	WG Penne Pasta	WG Hamburger Bun
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz		String Cheese			
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	100% Apple Juice	Ritz Crackers	100% Cherry Juice	100% Fruit Punch Juice	100% Tangerine Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Teddy Gram		Strawberry Chex Mix	Cheez It's	Sports Bites

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North Canton YMCA Child Development Center

CACFP Menu for Children: Week of May 27-31

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Closed	Tuesday	Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup		Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Closed	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup		Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Closed	Chicken & Noodles	Hamburger	Chicken Tenders	Sweet & Sour Meatballs
	Vegetable	1/8 cup	1/4 cup	1/2 cup		Peas	Corn	Baked Beans	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup		Diced Peaches	Diced Pears	Tropical Fruit	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Closed	WG Penne Pasta	WG Hamburger Bun	WG Bread & Butter	WG Dinner Roll
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	Closed				
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup		100% Fruit Punch Juice	100% Apple Juice	100% Tangerine Juice	100% Peach Mango Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Closed	Cheez It's	Chex Mix	Sports Bites	Pretzels *12mos cracker

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