



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GROWING STRONGER TOGETHER

FALL 1 & 2 NORTH CANTON YMCA

COMMUNITY BUILDING

200 South Main Street 330 499 2587

CHILD DEVELOPMENT CENTER

315 North Main Street 330 305 5437

GYMNASTICS CENTER

7241 Whipple Avenue 330 498 4082

www.ymcastark.org

DAYS	BUILDING HOURS	CHILDWATCH	YOUTH LOBBY
Mon. - Fri.*	5:00am - 10:00pm	8:00am - 1:30pm 4:30pm - 8:30pm	3:00pm - 8:30pm
Sat.	6:00am - 9:00pm	8:00am - 1:30pm	8:30am - 3:00pm
Sun.	10:00am - 6:00pm	11:00am - 3:00pm	11:00am - 3:00pm

*We close at 9:00pm on Fridays

SESSIONS (7 WEEKS)	START DATE	END DATE
FALL 1	Tuesday, September 4, 2018	Monday, October 22, 2018
Registration dates:	Member: August 13, 2018	Non-Member: August 16, 2018
Break Week	Tuesday, October 23, 2018	Saturday, October 27, 2018
FALL 2	Monday, October 29, 2018	Saturday, December 15, 2018
Registration dates:	Member: October 13, 2018	Non-Member: October 18, 2018
Break Week	Monday, December 17, 2018	Saturday, January 5, 2019

CONNECT WITH US



FINANCIAL ASSISTANCE
 AVAILABLE

SWIMMING

Swim Class FEE FOR ALL LEVELS: 7 Week Sessions

1 day/week Member: \$32 Non-Member: \$62

Go to www.ymcastark.org/schedules to see the current North Canton pool schedule.



PARENT/CHILD	MON	TUE	WED	THU	FRI	SAT
STAGE A 30 MIN Ages 6 mo.-3 yr. Held in Small Pool	9:00am 5:55pm	9:40am 5:55pm	9:00am 5:55pm	9:40am 5:55pm	11:05am	11:15am 11:55am
PRESCHOOL (3YR-KINDERGARTEN)	MON	TUE	WED	THU	FRI	SAT
PRE STAGE 1 30 MIN Age 2½-3½ Held in Small Pool	9:40am	9:00am 6:30pm	9:40am	9:00am 6:30pm	10:25am	9:40am
STAGE 1 & 2 45 MIN Age 3 yr.- Kindergarten Held in Small Pool	10:25am 1:00pm 6:35pm 7:25pm	10:25am 1:00pm 7:05pm	10:25am 1:00pm 6:35pm 7:25pm	10:25am 1:00pm 7:05pm	9:30am 11:40am 4:15pm	7:55am 8:45am 10:25am
STAGE 3 45 MIN Age 3 yr.- Kindergarten	10:25am 1:00pm 6:35pm	10:25am 1:15pm 6:15pm	10:25am 1:00pm 6:35pm	10:25am 1:15pm 6:15pm	10:25am	8:45am 10:25am
STAGE 4 45 MIN Age 3 yr.- Kindergarten	10:25am 1:00pm 6:35pm	10:25am 1:15pm 6:15pm	1:00pm	10:25am 1:15pm 6:15pm		10:25am
SCHOOL-AGE/ADULT GRADE 1 AND UP	MON	TUE	WED	THU	FRI	SAT
STAGE 1 & 2 45 MIN Held in Small Pool	5:05pm		5:05pm		5:05pm	7:55am (Lg. Pool)
STAGE 3 & 4 45 MIN	6:35pm 7:25pm		6:35pm 7:25pm		4:15pm 5:05pm	7:55am 11:15am 12:10pm
STAGE 5 45 MIN	6:35pm 7:25pm		6:35pm 7:25pm		5:05pm	7:55am 11:15am 12:10pm
STAGE 6 45 MIN	6:35pm 7:25pm		6:35pm 7:25pm			11:15am
DIVE CLASS 45 MIN Stage 5 and higher only					4:15pm	9:35am
HOME SCHOOL SWIM CLASS 45 MIN			10:25am			
TEEN/ADULT CLASS 45 MIN				10:25am		12:10pm
NEMESIS SWIM TEAM: Members only	Ages 6-14 and High school Swimmers must be Stage 5 or better New swimmers not in High School must try out			FEE: Age groups: \$235 High School: \$160 See flyer for more details		
PRIVATE/SEMI-PRIVATE SWIM LESSONS 30 MIN	Y Members only: Call to Schedule FEE: One Lesson \$23 Six Lessons \$128					

GROUP EXERCISE

LAND CLASSES			WATER CLASSES
Bootcamp	Line Dancing	SilverSneakers®	Arthritis Exercise
Boxing Mix	Lo Impact	Step	Deep Water Aerobics
Chair Yoga	Mix it Up	Strength	Fitness Swim
Fitness Fusion	Physically Challenged	Yoga	Shallow Water Aerobics
FitQuick	Pilates	Zumba®	Water Yoga
Group Cycling	Runner's Fitness Challenge		Note: Class names, availability and times may change
H.I.I.T	Senior Fitness		

For Pool, Gym and Group Exercise schedules, pick up a flyer or go to:
ymcastark.org/north-canton-community-building

SAVE THE DATE: TOUR DE VAUGHN 10 RIDE AGAINST CANCER **LIVESTRONG**
 AT THE YMCA
October 14, 2018 1:00-3:30pm
 Indoor cycling event to benefit LIVESTRONG® at the YMCA

PERSONAL TRAINING/ SMALL GROUP TRAINING MEMBERS ONLY

STARTER KIT: Includes Body Metrix Assessment and 2 one-hour sessions					\$89
		1 SESSION	4 SESSIONS	8 SESSIONS	12 SESSIONS
ONE – ON – ONE PERSONAL TRAINING	60 MIN	\$42	\$159	\$302	\$428
ONE – ON – ONE PERSONAL TRAINING	30 MIN	\$25	\$95	\$180	\$255
PARTNER PERSONAL TRAINING	60 MIN	\$60	\$240	\$480	\$720

Small group classes are taught by personal trainers.
 4 week sessions offered monthly. Contact Dan Griffin x122 for more information.

TRX	Ages 13+ Class meets 1x per week 30 Minute class: \$30 per month 40 Minute Class: \$40 per month
ROWFIT	High intensity rowing/ cross-training class for ages 13+; Oct-Mar
IRON TEENS	Strength training for ages 13-17
SPEED AND AGILITY SPORTS CONDITIONING	Training for young athletes, all sports, ages 10-17
AERIAL YOGA: GYMNASTICS CENTER	\$15 per 60 min. class or 4 class punch card for \$45

HEALTH INITIATIVE PROGRAMS		TUE	WED	THU	FRI
These classes are offered at no charge; membership not required.					
PHYSICALLY CHALLENGED CLASS 60 MIN Optional Pool time (with lift)	60 MIN 45 MIN	11:15am 12:25pm		11:15am 12:25pm	
PHYSICALLY CHALLENGED CAREGIVERS SUPPORT GROUP 1st Tue. of the month	90 MIN	11:15am			
LIVESTRONG® at the YMCA A strength and wellness program for cancer patients and survivors	75 MIN	11:15am 4:30pm		11:15am 4:30pm	
DELAY THE DISEASE A functional wellness program for those diagnosed with Parkinson's Disease. Friday Class held at The Aultman North Canton Medical Group Health Education Building-A 6046 Whipple Ave. NW North Canton, OH 44720	60 MIN		11:15am at NC YMCA		1:00pm at ANCMG

CHILD DEVELOPMENT CENTER

315 North Main Street, North Canton, OH 44720
330 305 5437
www.ymcastark.org/child-care

INFANTS, TODDLERS, TWO YEAR-OLDS & PRESCHOOL

FULL TIME (4-5 DAYS)	Member	Non-Member
INFANTS	\$207	\$217
TODDLERS	\$197	\$207
TWO YEAR-OLDS	\$187	\$197
PRESCHOOL - All day	\$148	\$159
PART-TIME (1-3 DAYS)	Member	Non-Member
PRESCHOOL - All day	\$112	\$122
PRESCHOOL - Morning MWF	\$47	\$59
PRESCHOOL - Morning TTH	\$31	\$43

BEFORE AND AFTER SCHOOL 2018

BEFORE SCHOOL CARE	Member	Non-Member
PART-TIME (1-3 DAYS)	\$30	\$41
FULL-TIME (4-5 DAYS)	\$35	\$46
AFTER SCHOOL CARE	Member	Non-Member
PART-TIME (1-3 DAYS)	\$46	\$56
FULL-TIME (4-5 DAYS)	\$62	\$72
BEFORE & AFTER CARE	Member	Non-Member
PART-TIME (1-3 DAYS)	\$74	\$97
FULL-TIME (4-5 DAYS)	\$96	\$117

NO SCHOOL FUN CLUB DATES:

No school fun club is based on the North Canton City Schools calendar for scheduled and calamity days off. Parents must fill out a registration packet.

Members: \$25 Non-members: \$30 per child, per day

August	20, 21, 31	December	21, 26, 27, 28
October	8	January	2, 11, 21
November	21 & 26		



PRESCHOOL / YOUTH

KIDS NIGHT OUT	6:30 - 10:00 pm at the Community Building. For ages 3 (potty-trained) through 12. Includes dinner and all activities. Sep. 21, Oct. 19, Nov. 16, Dec. 21	Members: \$14 per child Non-members: \$19 per child Day of event registration: Add \$6
PARENT/CHILD YOGA	For ages 3 - 5 with adult; Mon. 9:45 - 10:15 am	Members: \$28 Non-Members: \$56
PRESCHOOL YOGA	For ages 3-5 Held at the NC Gymnastics Center	Members: \$36 Non-Members: \$56

TEENS

TEEN LEADER CLUB	Members only, in grades 6-12 Yearly Fee: \$30 (Includes T-shirt)	Meetings Mondays 5:00 - 6:00 pm Extra fees for some events
ASHI BABYSITTING COURSE	Class held at the Child Development Center; For ages 11 and up. Sep. 15 and Nov. 10 9:00 am-3:00 pm Member \$45 Non-Member \$55	

YMCA BIRTHDAY PARTIES

Have your party at the Y with up to 14 children.
Call your preferred venue for more information and date availability.
Community Building (330.499.2587) or Gymnastics Center (330.498.4082)



SPORTS & RECREATION

PRESCHOOL: 7 WK. SESSION	SEASON / SESSION	AGE/GRADE	DAY/ TIME		MEMBER	NON- MEMBER
SMALL STUFF FLAG FOOTBALL	Fall 1	Ages 3-5 (w/adult)	Tue	6:30pm	\$35	\$65
SMALL STUFF SOCCER	Fall 2		Sat	10:30am		
		Sat	11:30am			
	Sun	12:00pm				
FAMILY YOGA	Fall 1&2	Ages 3-5 (w/adult)	Mon.	9:45-10:15am	\$28	\$56
YOUTH SPORTS: BOYS AND GIRLS	REG. DEADLINE	SEASON / SESSION	AGE/GRADE	DAY/TIME <small>* ACTUAL PLAY TIME IS BASED ON TEAM SCHEDULE</small>	MEMBER	NON- MEMBER
NEW! CROSS COUNTRY	8/29	9/8-10/27	Ages 6-14	Sat 1:00pm-2:00pm	\$50	\$90
SOCCER	8/29	9/8-10/27	Ages 5-10	Sat *9:00am-12:00pm	\$50	\$90
FLAG FOOTBALL	8/29	9/8-10/27	Grade K-2	Sat *1:00pm-4:00pm	\$50	\$90
VOLLEYBALL	8/29	9/8-10/27	Grade 2-8	Sat *9:00am-12:00pm	\$50	\$90
KINDERGARTEN BASKETBALL	12/19	1/5-2/16	Kindergarten	Sat *8:00am - 9:30am	\$50	\$90
YOUTH BASKETBALL LEAGUE	11/16	11/26-2/16	Grade 1-8	Sat *9:00am - 4:00pm	\$65	\$105



Interested in youth wrestling?

Contact: NCYouthWrestling1@gmail.com for more information!



For Team schedules, rosters, and more go to

www.northcantonymcasports.com

Like North Canton YMCA Sports on Facebook!



ADULT/TEEN SPORTS	REG. DEADLINE	SEASON / SESSION	AGE/GRADE	DAY	TIME <small>* ACTUAL PLAY TIME IS BASED ON TEAM SCHEDULE</small>	MEMBER	NON- MEMBER
HIGH SCHOOL BASKETBALL	Nov. 16	11/26-2/15	Grade 9-12	Mon- Fri	*4:00-10:30pm	\$65	\$105
NEW! MEN'S 3v3 BASKETBALL	Aug. 31	9/10-10/31	18 and over	Mon	*6:00-10:00pm	\$120/team \$30 individual	
NEW! WOMEN'S 3v3 BASKETBALL	Aug. 31	9/10-10/29	18 and over	Wed	*6:00-10:00pm	\$120/team \$30 individual	
CO-ED VOLLEYBALL	Aug. 31	9/9-11/18	18 and over	Sun	*6:00-10:00pm	\$300/team	
OPEN VOLLEYBALL	No registration or sessions Come and play! All adults welcome.		Tue 8:00-10:00pm Fri 12:30-2:30pm		Free for Y Members		
PICKLEBALL			Mon 12:30-2:30pm		Free for Y Members		
TAE KWON DO 60 MIN. 7 WEEK SESSION 2X/WEEK							
BEGINNER	Fall 1 & 2	6 yr. - adult	Wed	5:30-6:30pm	Individual \$70	Individual \$115	
			Sat	9:15-10:15am			
INTERMEDIATE & ADVANCED	Fall 1 & 2	6 yr. - adult	Wed	6:30-7:30pm	Family \$200	Family \$320	
			Sat	10:15-11:15am			

GYMNASTICS

7241 Whipple Ave., North Canton, OH 330 498 4082

Pricing for gymnastics programs on next page



PRESCHOOL GYMNASTICS		MON	TUE	WED	THU	FRI	SAT
JUST BEGINNING	30 MIN	10:30am			9:45am	6:10pm	
GYM BUDDIES	40 MIN		10:30am	9:45am	11:15am	6:45pm	8:45am
3 YEAR OLDS	40 MIN	9:45am 10:30am 5:15pm	9:45am 10:30am 12:30pm 4:30pm	9:45am 6:00pm	9:45am 10:30am 11:15am 4:30pm 5:15pm	4:30pm	10:15am 11:45am
4 YEAR OLDS	40 MIN	9:45am 10:30am 4:30pm	9:45am 10:30am 12:30pm 5:15pm	10:30am 11:15am 4:30pm	9:45am 10:30am 11:15am 5:15pm 6:45pm	4:30pm 5:15pm	9:30am 11:00am
5 YEAR OLDS	40 MIN	4:30pm 5:15pm	9:45am 6:00pm	11:15am 5:15pm 6:45pm	10:30am 4:30pm 6:00pm	5:15pm	9:30am 10:15am
TODDLER OPEN GYM: Walking through age 5 w/parent. 1 hour FEE: MEM \$5 , NON - MEM \$10	60 MIN		11:15am				
GIRLS GYMNASTICS		MON	TUE	WED	THU	FRI	SAT
COMETS: (2x per week)	4-7 YRS 55 MIN		4:45pm			5:00pm	
GIRLS 1	55 MIN	6:00pm 7:00pm	4:45pm 5:45pm 6:45pm	4:45pm 6:45pm	6:00pm 7:00pm	5:00pm	9:40am 10:40am 11:40am
GIRLS 2	55 MIN	6:00pm 7:00pm	4:45pm 5:45pm 6:45pm	4:45pm 6:45pm	5:00pm 7:00pm	5:00pm	9:40am 10:40am 11:40am
GIRLS 3	55 MIN	6:00pm	5:45pm	4:45pm 5:45pm	7:00pm	4:00pm	9:40am 10:40am
GIRLS 4	55 MIN	6:00pm 7:00pm	6:45pm	5:45pm	6:00pm	4:00pm	9:40am
GIRLS 5	55 MIN	6:00pm 7:00pm	6:45pm	5:45pm			11:40am
AGE INDIVIDUALIZED LEVEL 1 11 years and older	55 MIN			6:45pm		4:00pm	
AGE INDIVIDUALIZED REC SQUAD 11 years and older (2x per week)	90 MIN	4:30pm			4:30pm		
GIRLS PRETEAM: (2x per week)		4:30pm			4:30pm		
BOYS GYMNASTICS		MON	TUE	WED	THU	FRI	SAT
BOYS 5 & 6 YEARS OLD	40 MIN		5:15pm 6:45pm	5:15pm 6:45pm			9:40pm
BOYS LEVEL 1	7 & UP 40 MIN		4:30pm 6:00pm	4:30pm 6:00pm			10:40pm
BOYS LEVEL 2 & 3	7 & UP 55 MIN	6:00pm			6:00pm		
BOYS PRE-TEAM	(2x per week) 90 MIN	4:30pm			4:30pm		
EXCEPTIONAL ATHLETES: A gymnastics program for children with intellectual disabilities. Child attends with parent. Fee: 7 wks. / \$70							8:00am

LOOK FOR HOLIDAY MINI CAMPS AT THE GYMNASTICS CENTER DEC. 27, 28 , AND 31

DANCE & CHEER 7241 Whipple Ave. North Canton OH 330 498 4082

GYMNASTICS, DANCE AND CHEER PRICING - 1x week for 7 Weeks

FALL 1 & 2	Member	Non-Member		Member	Non-Member
30 MIN	\$36	\$58	55 MIN	\$56	\$87
40 MIN	\$47	\$78	90 MIN	\$95	\$137

BOYS AND GIRLS PRE-TEAM GYMNASTICS FEE: MEMBER \$118 NON - MEMBER \$182

SKILLS CLASSES (BOYS AND GIRLS)	MON	TUE	WED	THU	FRI	SAT
TUMBLING GIRLS 1 / 2 40 MIN		7:30 pm			4:30pm	
TUMBLING GIRLS 3 / 4 40 MIN				4:30pm	5:15pm	
TUMBLING GIRLS 5/ PRETEAM 40 MIN		7:30pm		5:15pm		
BOYS TUMBLING 7 & UP 40 MIN			7:30pm			
DUDES THAT FLIP 7 & UP 40 MIN	7:00pm					
BACK HANDSPRING 8 & UP 40 MIN	6:00pm					1040am
GIRLS BAR SKILL CLASS 6 & up 30 MIN			7:30pm		5:00pm 5:35pm	9:00am

DANCE	MON	TUE	WED	THU	FRI	SAT
PRESCHOOL BALLET 3-5 YRS 40 MIN		9:30am		4:15pm 6:00pm	9:30am	9:30am
PRESCHOOL GYM/DANCE COMBO 3-5 YRS 55 MIN				10:15am	10:30am 4:15pm	10:15am
PRESCHOOL INTRO TO DANCE 3-5 YRS 40 MIN		10:15am		9:30am	11:15am	11:15am
PRESCHOOL TAP/JAZZ COMBO 3-5 YRS 55 MIN				11:15am		
TAP/JAZZ COMBO 6 & UP 55 MIN				5:00pm		12:00pm
YOUTH INTRO TO DANCE 6 & UP 40 MIN					5:15pm	
YOUTH INTRO BALLET 6 & UP 40 MIN					6:00pm	
YOUTH INTERMEDIATE BALLET 6 & UP 40 MIN				6:45pm		
YOUTH ADVANCED BALLET 6 & UP 40 MIN					6:45pm	
YOUTH INTRO HIP HOP 6 & UP 40 MIN		4:30pm 6:00pm				
YOUTH INTERMEDIATE HIP HOP 6 & UP 40 MIN		5:15pm				
YOUTH ADVANCED HIP HOP 6 & UP 40 MIN		6:45pm				

CHEER	MON	TUE	WED	THU	FRI	SAT
TINY CHEER 4-5 YRS 40 MIN			4:15pm			
YOUTH CHEER 6 & UP 40 MIN			5:00pm			
REC CHEER TEAM 6 & UP 90 MIN			5:45pm			
CHEER TUMBLING 11 & UP 55 MIN			7:30pm			

YOGA AT THE GYMNASTICS CENTER	MON	TUE	WED	THU	FRI	SAT
PRESCHOOL YOGA 3-5 YRS 30 MIN	5:15pm					
YOUTH YOGA 6-9 YRS 40 MIN	5:50pm					
YOUTH YOGA 10 & UP 40 MIN	6:35pm					
ADULT AERIAL YOGA 18 & UP 60 MIN FEE \$15 per class		11:00am				

COMMUNITY PROGRAMS

ASHI FIRST AID/ CPR	Classes held at the Child Development Center See website for dates/ times	Member \$25	Non-Member \$45
ASHI BABYSITTING COURSE	Class held at the Child Development Center; For ages 11 and up September 15 or October 20 from 9:00 am-3:00pm	Member \$45	Non-Member \$55
BIBLE STUDY	Non-denominational Christian Study and prayer. Tuesdays at 12:00 pm or 6:00pm	All are welcome	
BOOK CLUB	Second Thursday of the month at 7:00pm	FREE for members	
HOLIDAY STAMPING EXTRAVAGANZA	Sunday, November 4, at 1:00pm; Make 20 greeting cards just in time for the busy Holiday season!	Member \$35	Non-Member \$40
STAMP CLASS	Wednesdays: Sep. 19, Oct. 17, Nov. 14, Dec 5. 9:30am or 6:30pm	Member \$18	Non-Member \$20

SENIORS

SENIOR SOCIAL PROGRAM:	Wednesdays 10:00am-1:30pm Members: FREE Non-Members: \$50/year See Senior Newsletter for program details.
SENIOR DAY TRIPS	All inclusive day trips are open to all. Call Terri Pollock for more information or to make reservations. For listing of trips available, see the Senior Newsletter
<p>The YMCA is a provider for the SilverSneakers® and Silver, Fit® & United Health Care Programs</p>   	

Holiday Building Hours:

Labor Day Sept. 3
6:00 am-Noon

Christmas Eve Dec. 24
5:00 am-Noon

New Year's Eve Dec. 31
5:00 am-6:00 pm

Thanksgiving Day Nov. 22
6:00 am-Noon

Christmas Day Dec. 25
YMCA CLOSED

New Year's Day Jan. 1 2019
6:00 am-Noon

DATES TO REMEMBER

Sept. 4	First day of Fall Session
Oct. 13	YMCA Open House
Oct. 14	Tour de Vaughn 1:00-3:30
Oct. 26	Trick or Tri: An Indoor Triathlon Event 6:30pm
Oct. 31	Trick or Treat at the Y 5:00-7:00pm
Nov. 9	Fall Family Fun Fest
Nov. 23	Leaders Club "Elf Night"

YMCA CAMP TIPPECANOE

SUMMER WAS A BLAST... SAVE ON NEXT SUMMER NOW!

Pre-register by August 31 for YMCA Camp Tippecanoe overnight summer camps with a \$75 deposit and save \$100 off traditional summer camp programs for 2019. Pre-register by December 31 and save \$50!

ARE YOU A CAMP TIPPECANOE ALUMNI?

Email your name, address, phone number and email address to ycaamp Tipp@ymcastark.org to start receiving our monthly TippecaNEWS and stay in the know about our alumni events!