



North Canton YMCA Child Development Center

CACFP Menu for Children: Week of April 1-5

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Turkey Hotdog	Pasta with Meat Sauce	Fish Patty	Chicken & Noodles	Hamburger
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Baked Beans	Peas	Sliced Carrots	Green Beans	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup	Tropical Fruit	Canned Apple Slices	Pineapple Tidbits	Diced Peaches	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	WG Hotdog Bun	WG Elbow Pasta	WG Hamburger Bun	WG Penne Pasta	WG Hamburger Bun
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	100% Apple Juice	100% Peach Mango Juice	100% White Grape Juice	100% Tangerine Juice	100% Cherry Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Strawberry Chex Mix	Cheez It's	Sports Bites	Teddy Grams	Goldfish

This institution is an equal opportunity provider. Select 2 of the 5 components for snack. Cereal: Cheerios, Frosted Mini Wheats, Cinnamon Toast Crunch, Rice Krispies, & Kix. Meat & Meat Alternates may be used to substitute the entire grains component a maximum of 3 times per week. Oz eq=ounces equivalents.



North Canton YMCA Child Development Center
CACFP Menu for Children: Week of April 8-12

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Sloppy Joes	Chili Bake	Sweet & Sour Meatballs	Beef Rotini	Chicken Patty Sandwich
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Green Beans	Corn	Peas	Sliced Carrots	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup	Applesauce	Diced Peaches	Mandarin Oranges	Tropical Fruit	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	WG Hamburger Bun	WG Elbow Pasta	WG Bread & Butter	WG Elbow Pasta	WG Hamburger Bun
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz		String Cheese			
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	100% Tangerine Juice		100% Cherry Juice	100% Apple Juice	100% Fruit Punch Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Pretzels* 12mos crackers	Club Crackers	Cheeze It's	Teddy Grams	Goldfish

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North Canton YMCA Child Development Center

CACFP Menu for Children: Week of April 15-19

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Taco Bake	Chicken Tender	Salisbury Steak	Breakfast Scramble	Beef Stroganoff
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Corn	Green Beans	Peas	Sliced Carrots	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup	Pineapple Tidbits	Applesauce	Diced Peaches	Diced Pears	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	WG Elbow Pasta	WG Dinner Roll & Butter	WG Bread & Butter	WG Tortilla Wrap	WG Elbow Pasta
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	100% Fruit Punch Juice	100% Apple Juice	100% Cherry Juice	100% Peach Mango Juice	100% White Grape Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Pretzels *12 mos crackers	Cheez it's	Sports Bites	Goldfish	Cheddar Chex Mix

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North Canton YMCA Child Development Center

CACFP Menu for Children: Week of April 22-26

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Turkey Hotdog	Chicken Parmesan	Meatballs in Sauce	Chicken Alfredo	Sloppy Joes
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Baked Beans	Green Beans	Corn	Peas	Mixed Vegetables
	Fruit	1/8 cup	1/4 cup	1/4 cup	Pineapple	Mandarin Oranges	Tropical Fruit	Diced Peaches	Mixed Fruit
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	WG Hotdog Bun	WG Dinner Roll	WG Bread & Butter	WG Penne Pasta	WG Hamburger Bun
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz		String Cheese			
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	100% Apple Juice	Ritz Crackers	100% Cherry Juice	100% Fruit Punch Juice	100% Tangerine Juice
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Teddy Gram		Strawberry Chex Mix	Cheez It's	Sports Bites

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North Canton YMCA Child Development Center

CACFP Menu for Children: Week of April 29-30

Menu	Component	Ages 1-2	Ages 3-5	Ages 6-18	Monday	Tuesday			
AM Snack**	Milk	1/2 cup	1/2 cup	1 cup	Milk	Milk			
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup					
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Cold Cereal	Cold Cereal			
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk			
	Meat/Meat Alternates	1 oz	1.5 oz	2 oz	Meatballs Sub	Chicken & Noodles			
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Green Beans	Peas			
	Fruit	1/8 cup	1/4 cup	1/4 cup	Dice Pears	Tropical Fruit			
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	WG Hotdog Bun	WG Penne Pasta			
PM Snack**	Milk	1/2 cup	1/2 cup	1 cup					
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz					
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	100% Peach Mango Juice	100% Fruit Punch Juice			
	Grain	1/2 oz eq2	1/2 oz eq2	1 oz eq2	Sports Bites	Cheeze It's			

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