



# FALL FUN FOR EVERYONE

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## FALL 1 & 2 ALLIANCE FAMILY YMCA

205 S. Union Ave., Alliance, OH 44601  
330 823 1930 [ymcastark.org](http://ymcastark.org)

DAYS	BUILDING HOURS	CHILDWATCH
Mon. - Fri.		8:15am - 11:00am
Mon. - Thu.	5:00 am - 9:00 pm	4:15pm - 7:30pm
Fri.	5:00 am - 8:00 pm	
Sat.	7:00 am - 3:00 pm	8:00am - 10:30am
Sun.	1:00 pm - 4:00 pm	

SESSIONS (7 WEEKS)	START DATE	END DATE
<b>FALL 1</b>	<b>Monday, Sept. 4, 2017</b>	<b>Saturday, Oct. 21, 2017</b>
Registration dates:	Member: August 14, 2017	Non-Member: August 17, 2017
Break Week	Tue., Oct. 24, 2017	Saturday, Oct. 28, 2017
<b>FALL 2</b>	<b>Monday, Oct. 30, 2017</b>	<b>Saturday, Dec. 16, 2017</b>
Registration dates:	Member: Oct. 14, 2017	Non-Member: Oct. 19, 2017
Break Week	Mon., Dec. 18, 2017	Saturday, Jan. 6, 2018

**CONNECT WITH US** 

Financial assistance available.

# SWIMMING

## Swim Class FEE FOR ALL LEVELS: 7 Week Sessions

1 day/week      Member: \$31    Non-Member: \$61

Go to [ymcastark.org/schedules](http://ymcastark.org/schedules) to see the current Branch pool schedule.

PARENT/CHILD (6MO-3YR)	MON	TUE	WED	THU	FRI	SAT
STAGE A (PARENT/CHILD -30 MIN )					11:00am	10:00am
<b>PRESCHOOL (3YR-K) 45 MIN</b>						
STAGE 1 (PRE-PIKE—30 MIN)						10:30am
STAGE 1, 2 & 3 (PIKE / EEL)		4:30pm 5:30pm		4:30pm 5:30pm	11:30am	9:00am 11:00am
STAGE 4 (RAY / STARFISH)						10:00am
<b>YOUTH (GRADE 1 &amp; UP) 45 MIN</b>						
STAGE 1 & 2 (POLLIWOG)		4:30pm 5:30pm		4:30pm 5:30pm		9:00am 11:00am
STAGE 3, 4 & 5 (GUPPY / MINNOW)		4:30pm		5:30pm		10:00am
STAGE 6 (FISH / FLYING FISH / SHARK)				5:30pm		10:00am

# SWIM TEAM / CLINICS

Y SWIM TEAM \$230 / \$120 3rd Child Discount Begins: October 4th Members Only OPEN HOUSE: October 3rd \$155 AHS Swimmers (incl. 1 clinic)	MON	TUE	WED	THU	FRI	SAT
AGES 10 & UP (BEGINNER)	5:30pm- 6:15pm	5:30pm- 6:16pm	4:30pm- 5:15pm	5:30pm- 6:15pm	5:30pm- 6:15pm	
AGES 11 & UP (ADVANCED)	6:00pm- 7:30pm	6:00pm- 7:30pm	5:00pm- 6:15pm	6:00pm- 7:30pm	6:00pm- 7:30pm	
<b>CONDITIONING &amp; STROKE CLINIC</b> Members: \$25 per clinic Non-members: \$55 per clinic September 4th—October 2nd						
AGES 10 & UNDER Stroke: M /W Conditioning: T/ R	5:30pm- 6:15pm	5:30pm- 6:15pm	5:30pm- 6:15pm	5:30pm- 6:15pm		
AGES 11 & UP Stroke: M /W Conditioning: T/ R	6:00pm- 7:30pm	6:00pm- 7:30pm	6:00pm- 7:30pm	6:00pm- 7:30pm		
<b>PRE-TEAM</b> Members: \$25 Monthly Non-members: \$55 Monthly Ages 5-10 September 3rd—September 28th						
		5:30pm- 6:30pm		5:30pm- 6:30pm		





# MEASURABLE PROGRESS UNLIMITED SUPPORT

INTRODUCING our **NEW** program:  
**DIABETES PREVENTION PROGRAM**  
To find out more contact: 330.994.0013 or  
email: [preventdiabetesymca@gmail.com](mailto:preventdiabetesymca@gmail.com)

## GROUP EXERCISE \*\* ADULT SMALL GROUP TRAINING \*\* MEMBERS ONLY

5 WEEK SESSIONS: FEE BASED CLASSES	MEMBER	NON-MEM.	MON	TUE	WED	THU	FRI
HEALTHY LIVING CHALLENGE OCTOBER 16– NOVEMBER 10	\$20	\$50					

For Group Exercise schedules go to [ymcastark.org/alliance](http://ymcastark.org/alliance)

1. Select the Schedules tab (on the left) and search by branch & day
2. Select the link under Schedules for Group Exercise
3. Ask at the front desk for a current schedule.

## CHILDCARE \*No Registration Fee/ Each Child needs a complete packet. Financial Assistance Available

# PREPARING KIDS TO SOAR



BEFORE AND AFTER SCHOOL 2017		
BEFORE SCHOOL CARE	Member	Non-Member
Part-time (1-3 days)	\$34.00	\$42.00
Full-time (4-5 days)	\$41.00	\$52.00
AFTER SCHOOL CARE	Member	Non-Member
Part-time (1-3 days)	\$35.00	\$44.00
Full-time (4-5 days)	\$42.00	\$53.00
BEFORE & AFTER CARE	Member	Non-Member
Part-time (1-3 days)	\$68.00	\$85.00
Full-time (4-5 days)	\$82.00	\$104.00

**CONTACT:**  
Heidi Wilson, Child Care Director  
[hwilson@ymcastark.org](mailto:hwilson@ymcastark.org)

# SPORTS & RECREATION

5 week sessions unless otherwise noted. Boys and girls unless otherwise noted.

ACTIVITIES	SEASON / SESSION	AGE/GRADE	DAY	TIME	MEMBER	NON-MEM.
<b>PRESCHOOL</b>						
SMALL STUFF BASKETBALL	Fall 1 & 2 (5 weeks)	3-5 years	Tuesdays	5:30 pm-6:00pm	\$28	\$61
<b>YOUTH/TEEN</b>						
YOUTH BASKETBALL	Fall 1 & 2 (5 weeks)	6-9 years	Tuesdays	6:15 pm-6:30 pm	\$28	\$61
LOG ROLLING		6-12 years	October 24	4:30 pm-5:30 pm	FREE	FREE
QUICK START KAYAK		10 -18 years	December 19	4:30 pm-5:30 pm	FREE	FREE
<b>ADULT</b>						
OPEN BASKETBALL	Weekly	Ages 18 & Up	Thursday	7:00pm-9:00pm	FREE	\$8
WOMEN'S VOLLEYBALL	Weekly	Ages 18 & Up	Monday	6:00pm-7:00pm	\$20	\$20

# FAMILY, COMMUNITY PROGRAMS & TRAINING

	DATE	TIME	MEMBER	NON-MEM.
<b>CPR</b>				
	Saturday, October 28th	9:00 am	\$25	\$45
	Saturday, November 18th	9:00 am	\$25	\$45
	Saturday, December 9th	9:00 am	\$25	\$45
<b>FIRST AID</b>				
	Saturday, October 28th	12:00 pm	\$25	\$45
	Saturday, November 18th	12:00 pm	\$25	\$45
<b>LIFEGUARDING</b>				
	September 28- October 13	TBA	\$215	\$235
<b>FAMILY FUN NIGHTS</b>				
	Friday, October 20th	6:00pm-7:30pm	FREE	FREE
<b>KIDS NIGHT OUT</b>				
	Friday, November 17th	6:00pm-10:00pm	\$12/\$17	\$18/\$23

## DATES TO REMEMBER:

MONDAY, OCTOBER 3RD	Swim Team Open House
SATURDAY, OCTOBER 14TH	Open House
THURSDAY, NOVEMBER 23RD	CLOSED- Happy Thanksgiving!
SUNDAY, DECEMBER 24TH	CLOSED- Merry Christmas Eve!
MONDAY, DECEMBER 25TH	CLOSED- Merry Christmas!